

ANNUAL REPORT

2017 - 2018



About Rozan

Rozan is a non-profit human rights organization striving for a violence free society through strengthening the emotional and mental health of all people, especially vulnerable segments of society. Rozan was established in 1998 under the Societies Act of 1860 and was awarded tax-exemption status in 2005. In 2006, Rozan acquired the prestigious special consultative status with the United Nations Economic and Social Council (ECOSOC).



Rozan's Vision

A self-aware, gender-just society that celebrates diversity and is free of violence.



Rozan's Mission

To collectively work with individuals, vulnerable groups and institutions on promoting emotional health, tolerance, gender equality and reducing violence against women and children.



Geographical Outreach

Rozan office is located in Islamabad, the federal capital of Pakistan, and its work extends to the four provinces of Pakistan.



Rozan's Intervention Strategies for Change

Rozan core intervention strategies include capacity building, awareness raising, advocacy, research, counselling and referral building.

Core Programs of Rozan

- **Aangan- Children’s Program**

Aangan, the oldest and pioneering program of Rozan initiated 20 years ago, works as a Resource Center on the emotional health of children and youth, with a special focus on Child Sexual Abuse (CSA). It targets individuals, professionals and institutions that influence children such as doctors, teachers, parents and organizations working with children and for child rights.

- **Zeest- Women’s Program**

Zeest was established in 1999 and works on the emotional health of women; it provides psycho-social support to female survivors of violence, builds resources and works towards gender mainstreaming and equity at the institutional level for a wider social change.

- **Rabta- Police Program**

Rabta is a program dedicated to working with the police and has been active in its work over the last decade. Rozan works on capacity building and sensitization of police force to help equip them to deal with the issues of violence against women (VAW) and children. Another major focus of the program is to bridge the gap between police and communities using the concept of community policing.

- **Humqadam- Men and Masculinities Program**

Humqadam aims to create spaces for men and boys to engage them on the issue of violence against women and children. The program also explores alternative and healthier models of masculinities with a special emphasis on men and boys’ involvement in ending violence against women.

- **Rozan Supporting Units**

Community Program and the Rozan Help Line are supporting units of Rozan which provide support to other programs.

- **Community Program**

Rozan believes in direct community program to curtail community issues. This is the reason that Rozan has a supporting unit of community program aiming to work with communities, to capacitate them and help them establish connections with different welfare institutions for the creation of a violence-free and peaceful society.

- **Rozan Counseling Helpline**

RCHL has been providing counseling services since 2002 telephonically, via email, in-person and at free counselling camps to vulnerable groups, including children, women and youth on issues related to violence, CSA, sexual, reproductive and emotional health.

Preface

Rozan team embraced many successes, explored new avenues of work and learned from its failures and challenges during 2017-18. Our efforts expanded in improving institutional responsive to meet emotional, psychological and social needs of women and children survivors of violence. We initiated our long term programmatic interventions in Kuri, Islamabad for building responsive communities to contribute towards our organizational vision for a violence free society. Our knowledge base also broadened through the research work on understanding trajectory of women survivors of violence in their post shelter lives. Our advocacy efforts on police reforms and its intersection with gender violence also moved to next step by establishing provincial chapters of Pakistan Forum on Democratic Policing in Khyber Pakhtunkhwa and Punjab.

Staying rooted to our values, we followed our core strategies; capacity building, awareness raising, research, advocacy, counseling and referral building.

During 2017-18 Rozan conducted 123 **capacity building training** workshops spanning from 3 day to two week duration. Participants of these trainings included professionals from government institutions like police, health, education, prosecution departments and representatives from Civil Society Organizations and community groups. Core thematic areas covered in these trainings included, emotional health, gender sensitization, attitudinal change communication, interviewing children and women victims of violence, child sexual abuse, child protection and youth safeguarding, life skills education, human rights and pro women laws, ethical guidelines to deal with women survivors of the violence, men, masculinities and transformation and case management skills. 1306 men and 564 women participated in these capacity building trainings.

Awareness raising and advocacy initiatives were taken to mobilize youth, students and community leaders. These initiatives included orientations, seminars, and community *Melas*, screening of Tinku Tina animation on body protection, street theaters, campaigns, exposure visits, celebrations of 16 days of activism, campaigns on men's role to end gender violence, and highlighting the role of women in promoting peace, justice, human rights and democracy. These initiatives also aimed at providing information on services and support available to women and children survivors of violence. Khuli Kachehris (open houses) were organized for women in Swat to bridge the gap between the police and community. Women appreciated the initiative and expressed their need for more avenues for police – community collaboration. Rozan reached out 6006 women, 7367 men and 4 transgenders through these awareness and advocacy initiatives during 2017-18.

Action oriented research on issues of violence against women and children have always been a key area of Rozan's interest. During 2017-18 we published two major researches. **Against all odds: Post shelter lives of women survivors of violence**, a qualitative study that explored experiences of women survivors of gender violence who reached out to the shelter homes and were in process of community reintegration. The study design was based on a firm commitment that those affected most (by violence) must be in charge of telling these stories and shaping of agendas and policies that are framed for them. Rozan's experience of working with women survivors directly in shelters and in communities shows that the concept of reintegration/restoration of survivors in the community and its practical implementation, both are misunderstood and mishandled. The aforementioned study filled this gap both at understanding and policy levels. Findings of the study were shared at national and provincial levels with concerned stakeholders.

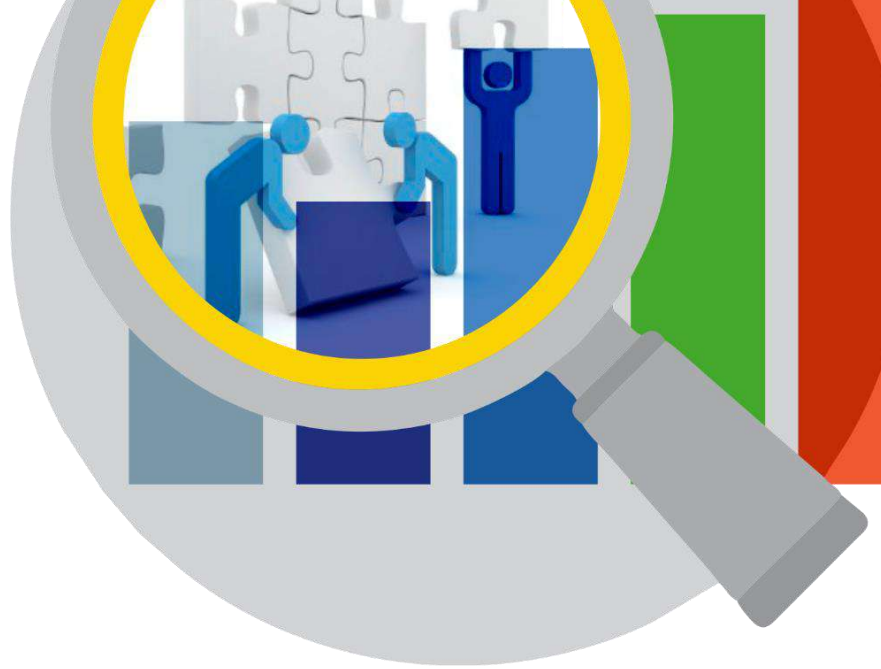
Other milestone in the area of research was **International Men and Gender Equality Survey (IMAGES)**, a comprehensive study on men's perception, practices and behaviors related to gender equality, gender norms, men's participation in care giving, household division of labor, gender based violence (spousal violence) and health and economic stress. The findings of IMAGES, reinforced the importance of work on men and masculinities and provided a good set of recommendations on the role of men and boys to promote the agenda of gender equality in the context of Pakistan.

Rozan has been working with communities and built their capacities so they play their role for a healthy and violence free society. In 2017 Rozan identified a community 'Kuri' a semi urban area in the surroundings of Islamabad for its interventions. On the basis of findings of the baseline study, a comprehensive interventions plan has been designed and implementation process has been initiated in the selected community.

Counseling is an important strategy for Rozan to provide emotional and mental health services to survivors of violence and communities and general. We provide in-person, telephonic and email counseling. Overall 932 persons (735 men 178 women and 19 children) received counseling services from Rozan during 2017-18.

Rozan team is committed to its mission that a violence free world is possible and we look forward to the continued support from the communities we work with, our volunteers who are a source of inspiration and our partners that provide us financial and technical assistance.

Babar Bashir
Managing Director
Rozan



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Aangan

Children's Program



Introduction:

Aangan is Rozan's devoted program for children striving to create opportunities for safer and healthier childhoods. For the last 20 years, Aangan has had the privilege of being the first civil society program to initiate discussion on this sensitive topic and works on the emotional health of children and youth. Its approach and tools in the form of cartoon animations, board games, workbooks and training modules on child sexual assault (CSA) are tried and tested and appreciated by children, parents and professionals such as teachers, police, lawyers and doctors etc. Aangan's resource center aims to advocate for the formation of child protection committees and provide information to individuals about safe childhood, not only as a means of preventing children from sexual abuse but also educating them to create an environment that ensures safety and conducive to enhance self-confidence of children.

Core Areas of Work:

Aangan works in the areas of both prevention and response to address the issue of Child Sexual Abuse and followed these key strategies to meet the objectives of the program during 2017-18.

- Advocacy and networking
- Awareness raising
- Capacity building and sensitization
- Psycho-social counseling through phone, in person, email, Skype etc.
- Crisis Response and referral services

Key Highlights & Achievements:

Capacity building initiatives:

As a resource center, Aangan provides training workshops on child sexual abuse, child protection, child safeguarding policy and other children's emotional health related issues to non-government organizations, international organizations, schools, volunteers and community. This includes conducting sensitization and capacity building workshops to enable organizations and professionals to initiate and strengthen their existing work on child protection and child sexual abuse. Some highlights of the major activities are presented below:

During 2017-18, Aangan conducted 10 various training workshops on child sexual abuse and child/youth safeguarding, interviewed children victims of violence and child protection/child sexual abuse, and conducted training of trainers on life skills and summer camps in collaboration with Women Welfare Department and in the community. The people who participated in these trainings came from various backgrounds that included teachers, psychologists, NGO workers, police, lawyers, volunteers and child care professionals.1 TOT was conducted on life skills in a government school for the visually impaired girls.

Training of Trainers (TOT) on Life Skills: The program has successfully conducted 8 Days TOT Sessions on life skills in a government school for visually impaired girls. The objectives of the training are to introduce participants to the Life Skill Module, provide an opportunity for participants to increase self-

awareness, and sensitize participants about issues related to emotional health of children and work on building participant's facilitation skills while working with the children.

Summer Camp with Community & Women Welfare Department: In a constantly changing environment, having life skills is an essential to meet the challenges of everyday life. To help better equip people, Aangan conducted 3 summer camps for children in Kuri Community and in Women Welfare Development Commission for a duration of one month & two weeks respectively. The objective of these summer camps was to provide the children with a learning opportunity to help raise their understanding on body protection and self-awareness. Themes followed during 2-weeks period included self-awareness and body protection. Children were exposed to various activities including life skills games and messages on body protection, martial arts, paper craft and music classes. 37 volunteers were engaged in summer camps during the reporting period.



Training on Interviewing Children Victims of violence with KPK Police: Aangan, in collaboration with the Rabta program, conducted a 3-day training on how to interview child victims of violence and sexual abuse with Khyber Pakhtoon Khaw Police at Peshawar Training Centre and reached 30 police officers. Objectives of the training were to enhance the understanding of the participants on issues related to child sexual abuse and child protection, to prepare law enforcement officers to interview children victims of violence by clarifying the various dynamics of violence, to help differentiate between effective and ineffective techniques for interviewing children victims of violence and to allow law enforcement officers to practice tools and skills to deal with the children victims/survivors of abuse.

Training of Volunteers on Child Sexual Abuse: In the past, volunteer trainings have been greatly appreciated and have built a critical group of individuals/professionals who are sensitive to the issue of child sexual abuse and take the message forward in their respective capacities. Aangan held a 3-day training on child sexual abuse at the Rozan office and participants included psychologists, lawyers,



teachers, volunteers, and NGO workers. Objectives of the training were to initiate the process of self-awareness for those working on CSA, learn healthy communication skills, and sensitize the participants on the issue of child sexual abuse and related dynamics and providing a platform where they can share different strategies of prevention of CSA. At the end of the training the participants shared their action plans for prevention of CSA.

Capacity Enhancement Orientation Session with House of Light School: An orientation session on CSA was also conducted with House of Light (HOL) in Islamabad to sensitize the participants on the issue of child sexual abuse and related dynamics, as well as, to provide a platform to participants where they can talk about different strategies CSA prevention.

Workshops on Child and Youth Safeguarding with Oxfam Staff and Partners: During the reporting period, Aangan did consultancies for program’s sustainability and conducted four 2-day workshops on child safeguarding policy with Oxfam staff, partners and consultants to orient and sensitize them towards child safe guarding policy emplaced in Oxfam. The program also conducted a training on “understanding CSA –prevention and response for teachers and service providers working with children”

Capacity Enhancement Meetings with Communities: Aangan truly values the notion of voluntarism and because of this was able to initiate the process of identification of community volunteers in Kuri. The idea is to get volunteers trained and sensitized to enable them to serve and run the Protection Committees. Four meetings were conducted in the reporting period, and the members were able to identify trusty-worthy nominations for committee members. Aangan provided sensitization trainings to these volunteers.

Aangan has been working in Rehmatabad, Dhok hasu, Rawat, Peerwadahi and Dhok Bangash colony. These communities have reached a mature stage, where the community-based child protection committees are efficiently functioning on their own. Aangan conducted follow up meetings with old community members and also invited members from “KURI”, which is a comparatively new community. These meetings served as a experience-sharing session where members from existing Child Protection Committees shared success stories and challenges which was helpful for the representatives of the new communities.



Awareness Raising Initiatives:

Aangan uses different ways to raise awareness on child rights and issues of CSA. During 2017-18, Aangan conducted 31 awareness raising sessions, 3 awareness raising campaigns, also raising awareness through selling Aangan resource materials and through the production of animated content with Samaa TV on body protection. The program has launched an awareness campaign in schools of Rawalpindi and Islamabad with the aim of spreading awareness on life skills and CSA amongst the children by screening the animations on life skills and child sexual abuse developed by Aangan. 1251 children participated in body protection sessions in 23 schools and Aangan distributed activity books among the participants.



Utilization of awareness material: Due to increase in demand by parents for books and material related to body protection, Aangan placed its information material at Mr. Books and Idrees Books stores. Some of the story books in Pashtu were sold by Mr. Books. The material was also being sold online on demand to different educational institutes including Indus School Karachi, Beacon House School System, Islamabad and Institute of Space Technology. Besides this, Aangan also sold awareness raising material on different forums including International Human Rights Day celebrations at Lok Versa.

Long Distance Volunteers Program (LDVP): Volunteers play a vital role in spreading awareness about these social issues. Aangan promoted the Long Distance Volunteer Program on social media, resulting in the recruitment of 33 long-distance volunteers that came from various parts of Pakistan including Gilgit, Hunza, Baltistan, Mianwali, Dera Ismail Khan, Khushab, Sahiwal, Gujranwala, Karachi and Lahore. One of the volunteers is based in Texas, USA, and helped to spread Aangan's message among friends and family there. The volunteers further reached out to 36 individuals in their respective areas and raised awareness on Child sexual abuse.

Child Abuse Prevention Day: Child Abuse Prevention Day is celebrated worldwide on 19th November and started in relation to the Convention of the Rights of Children celebration on 20th November. Aangan celebrated child abuse prevention (CAP) Day at Kuri community, Islamabad by organizing a family funfair in order to create awareness about different forms of child abuse, especially child sexual abuse, and how to deal with it effectively. The funfair aimed to provide opportunity to this community to learn about issues of emotional health, child abuse, youth issues and violence against women. The activities at the funfair depicted the vision of the organization where games for both women and children were designed for entertainment with a purpose of education and informing children and adults about their rights and highlighting the importance of emotional health in their lives. Total of 375 people attended the funfair including 145 men (40), women (135) and 230 children.



Women’s Day Mela: Aangan celebrated women’s day at Kuri community (Islamabad), where a total of 366 people attended with the split being 176 women, 78 boys and 112 girls. Tinku Tina animation was screened, which is on body protection and has been primarily prepared for children between the ages 6-11years. It provides information to parents and all service providers working with children on the topic of child protection and helps children become aware of body protection in a positive and non-threatening way. This film was shown to raise awareness within mothers and children about body protection, and was followed by a Q&A.

Awareness through media:

Aangan signed an agreement with FM 100 to air a 6-program series for parents and teachers on CSA and other topics like internet safety and disabilities. An Aangan Psychologist guest starred on the program with the main presenter of FM 100. RCHL counseling number, e-mail address and P.O.Box were given in between and at the end of each program. The radio programs were also publicized on social media.

Aangan also shared its material with different media groups for raising awareness on CSA. Aangan was invited to present its work on the issue of CSA by Samaa TV – they supported Aangan’s work by running a mass awareness campaign on child sexual abuse/child protection for a period of one year. Illustrations from Tinku Tina story books, “Tinku Tina kay Sath” and “Apna khayal rakhny ki baat” have been used by Samaa TV since then to develop illustrations on child sexual abuse. Additionally, Hum News morning show also approached Rozan to give an expert talk on child protection, Dr. Ambreen Ahmed represented Aangan on Hum News Morning show “Subah se Aagay” on child protection. The program staff also participated in a Voice of America’s program named “Rawan hai zindagi” and Aangan’s message was shared on the website of Voice of America.

After the incident of the rape and murder of a girl in Kasur, Aangan did a radio campaign on CSA on FM 100 radio station. Aangan's resources on CSA were shared along with Tinku Tina animation on child protection/child sexual abuse. A total of 10 programs were aired for 2.5 months. The radio programs were broadcasted in different cities including Lahore, Kasur, Islamabad and Rawalpindi.

Using its social media platforms. Aangan also launched a digital campaign on CSA and body protection "**Aao Baat karain: It's time to talk on child sexual abuse**". The campaign was based on a series of Aangan TV programs that were prepared in 2008 and aired on a private TV channel. These programs helped shed a light on various important aspects of child sexual abuse including techniques on how to talk to children about body protection, psychological effects of abuse and how to support survivors of abuse and their families. The campaign reached 95,256 people, among these, 38,389 viewers watched all the episodes, received 1247 likes and 120 comments and was shared by 567 viewers.

Theater on girl child day (11th October): 11 October is marked as the International Day of the Girl. The day aims to highlight and address the needs and challenges girls' face, while promoting girls' empowerment and the fulfillment of their human rights. In alignment with the day, Aangan conducted a theater performance in the Kuri community with the theme of education and early child marriages.



A total of 300 females and young girls attended the event. The audience was engaged and actively participated in the Q&A session, many shared the disadvantages of early marriages they have witnessed in their communities.

Awareness through orientations: A total of 31 orientations were conducted in the Kuri community in the reporting period. These sessions included 12 sessions on Child sexual abuse which were attended by mothers, 6 orientations on emotional health attended by women and 12 orientation sessions on domestic violence. The program also provided an orientation session on child sexual abuse with Ecole Des Luminers (EDL). Aangan's psychologist was invited as a guest speaker on the "**Importance of Mental well-being at work place**", a topic organized by Human Resource Development Network to commemorate Universal Health Coverage (UHC) day.

Advocacy and networking initiatives:

Aangan has been actively engaged on different national and international forums to address CSA and child rights issues, as well as, to advocate for protective legislation and policies. Aangan has signed MOUs with government institutions and private institutions during 2017-18, and represented the program and organization at different forums including Child Rights Movement CRM, National Action and Coordination Group against Violence against Children (NACG) and National Commission on the Status of Women (NCSW). The program has given its suggestions on issues related to CSA and inclusion of life skills curriculum in schools and teachers regarding CSA and campaign for child protection in communities.

Aangan also signed an MOU with Potohar Mental Health Association for capacity building of special educators in government-run schools in Rawalpindi. The program has also signed an MOU with Pakistan Sweet Homes for implementation of life skill sessions with children. Eleven sessions were held with two groups of girls and boys, with a total participation of 32 (12 boys and 20 girls). An orientation session was also conducted with orphanage mothers on the importance of their involvement and explanation of the significance of the work to be done with children.

Aangan participated in the protests against child sexual abuse after a girl was raped and murdered in Kasur.

International organization Islamic Relief invited Aangan as a presenter in their “Referral mechanism” workshop which focused on responding to the cases of Child sexual abuse and violence. The program presented its referral mechanism to deal with crisis cases of violence and abuse all over Pakistan and that an effective and efficient referral mechanism for GBV/CSA survivor needs to be integrated with medical, legal, shelter, economic and social support. Most of the service providers are unaware of the protocols and ethics necessary for dealing with the victim of violence including the right to privacy and confidentiality.



Aangan has supported other programs in conducting their Baseline study, orientation with mothers on CSA and in organizing community Mela for awareness raising among the community members later in Union council in Kuri community. The program has carried out different activities with interns and volunteers including program orientations/program attachment, workshops, reading meetings, and exposure visits.

Counselling and referral services:

Aangan received a total number of 44 cases during the reporting period that dealt with child sexual abuse, child custody issue, rape, karo Kari, domestic violence, prostitution, divorce and shelter support. Legal support and counseling services were provided to the cases. In specific cases, clients were referred to shelters, were helped with lodging FIRs and were given medical and legal support.

Due to awareness raising activities and orientation sessions on CSA, emotional issues and counseling in the Kuri community, the demand for counselling services was increased. Based on the expressed needs of the community, five counseling camps were set up during the reporting period and 12 mothers and 4 children were provided emotional/psychological counseling.

Challenges:

- Pakistan's changing socio-political environment and security scenarios impact the functions and funding of civil society overall. Aangan being part of civil society has also have been affected by this situation and therefore tried to change its training service from a free-of-cost service to a paid service to achieve sustainability for its programs. However, unfortunately, most organizations and schools are only interested in the free trainings and reluctant to pay for anything.
- Another challenge that the program has faced is in its community trainings was men's busy schedule and jobs due to which they were unable to fully engage and give proper time for training . Aangan had to change its three-day training workshop to a 2 hour weekly session to adhere this challenge. This change requires more of an effort and time from participants over a long period of time and has resulted in a loss of interest from participants.

Acknowledgement of Program's Work:

There is an increased awareness on body protection evidenced by greater capacity to raise alarm/ share with parents or grown-ups if exposed to an abusive situation. Children in communities who had attended Aangan's activities have become more vocal about this issue and share messages of body protection with peers as well.

An example of a positive case study is one of a 7-year old child who attended Aangan's summer camp, after which his performance in school immediately got better. His parents reported back saying that that there has been a remarkable difference in his behavior, he got more involved in healthy activities like physical games and is motivated to do well in school. They also shared that he has become vocal about how to manage feelings and protect ourselves and often converses with them and his other siblings.

After attending orientation sessions on CSA, many mothers shared that they found the information very helpful; it's a guideline through which they can protect their children and help them become

more confident. They are now more aware and can detect signs or any unusual change in the behavior of their children and come back to Rozan to discuss and get guidance. Additionally, after these sessions, few mothers have come forward and reported cases of abuse happening in their communities.

Way forward:

The increasing number of CSA cases in our society indicates the dire need for further work on the issue. We have to rethink our strategies to protect children and address the loopholes in response, both at institutional and society level that give leverage to abusers. Child protection is not possible until we tackle this aspect head on. Aangan will continue its efforts to educate parents, children, and teachers on the issues of body protection, child sexual abuse and life skills education in schools, communities and relevant government departments. The work with communities has been implemented very successfully over the years and this will be extended to other areas. The program will continue its efforts to generate funds to work on its cause.



Zeest

Women's Program



Introduction:

Zeest- Women's program working on emotional and mental health of women with a special focus on Violence against Women. Zeest believes in women's agency and ability to take charge of their lives and affirms their right to participate and contribute as equal members of society. It upholds the right of women survivors of violence to have access to equality, care and support by both state and civil society.

Core Areas of Work:

Prevention: "To foster an environment and culture where VAW can be prevented from happening by addressing its roots and structural causes as well as its impact in individual and societal context. The interventions used to achieve these goals are:

- Awareness Raising
- Advocacy
- Networking
- Research

Response Mechanism: Strengthening Response Mechanism through Survivor Centered Approach to facilitate the GBV survivors in the process of their physical, social and psychological wellbeing and restoration. This purpose is achieved through the following interventions:

- Capacity Building and Training
- Institutional Strengthening
- Counseling
- Reintegration



Key Highlights & Achievements:

Capacity Building Initiatives:

The Government of Punjab has established a Violence against Women Centre (VAWC) in Multan that is providing efficient and sensitive responsive services to women survivors of violence. This is a model centre that provides medical, legal, counseling and post-traumatic rehabilitation services. Rozan has collaborated with Strategic Reforms Unit (SRU), Punjab, to strengthen service provisions at the VAWC. The overall goal of this collaboration was to strengthen public sector institutions for improved state response to GBV (gender based violence) with a specific focus on the provision of services for women survivors of violence at VAWC-Multan. Zeest has been acknowledged as a resource centre, and has not only built the capacity of VAWC staff but also provided them a vehicle in the reporting period. To further extend the support to strengthen the sustainability of VAWC, Zeest has conducted a number of activities mentioned below:

Three Day Gender Sensitization and Attitudinal Change Training: Three day training on “Gender Sensitization and Attitudinal Change” with the staff of Violence against Women Centre (VAWC) was held at the VAWC Multan. Objectives of the workshop were to provide support to the participants in understanding the importance of self-awareness in attitudinal and behavioral change. The training also helped to develop the understanding of the participants on gender and gender-based violence in connection with their personal and professional lives. It also enabled participants to comprehend different types of behaviors in the context of police work and provide an opportunity to enhance the basic interpersonal skills for effective public dealing of the participants. The participants of the workshop ranged from the rank of Constable to Sub Inspector and these police officials were those who interact with survivors of violence on routine basis.



Two Day Refresher Training on Gender Sensitization and Attitudinal Change: A 2 Day Refresher course was arranged by Rozan with the staff of VAWC. The workshop aims to facilitate the participants to review and refresh the content and learnings from previous workshops. The course also aimed to reflect on the practical implementation of previous trainings and challenges faced by participants, specifically in the perspective of counselling and case management. Staff members of VAWC participated in this workshop included psychologists, case managers, front desk officers, as well as administration and management.

Numerous studies and Zeest’s own experience underpin that the staff directly in contact with women survivors of violence should be trained on dealing with the burn out and compassion fatigue. Researchers have underscored that the natural consequence of stress resulting from caring for deprived and helping traumatized people can cause compassion fatigue. The staff of VAWC also shared this need with Zeest’s team during the visits and trainings. Therefore, a need based 2-days stress management training tailored for VAWC staff was conducted in Islamabad. The objectives of this training were to increase the capacity of participants dealing with survivors of violence with increased understanding and expertise and helping them to learn how to manage their own stress.

Participants who attended the training were psychologists, mediators and front desk officer, all who work full time in VAWC and work with women survivors daily. Participants were invited to Islamabad to attend the training mainly to help them live in a stress-free environment to be able to learn new skills. All participants were vocal about discussing their difficult cases and stressful situations that they had encountered during their work. The trainer was successful in leading a very intense and thought-provoking discussion which helped them cope with their own burnout and also helped them learn management of their stress and not to transfer this stress to women survivors.

Five Day Training on Improving Case-management Skills to deal with GBV Survivors: Zeest conducted a training on "Improving Case-management Skills to deal with GBV Survivors" with various service providers that included lawyers, doctors, psychologists, and staff from shelters from Abbottabad, Mardan, Peshawar and Swat, with the intent to strengthen the response of different stakeholders dealing with the survivors of violence. The training aimed to impart knowledge for dealing with cases of women survivors of violence, which is one of the key and vital step for providing quality, ethical and accountable services.



During the training, a number of techniques were planned in order to encourage the participants to discuss and learn new concepts and skills. The main techniques used were interactive presentations, videos, plenary discussions, small groups, roleplays, case studies and working in pairs and individual response. Moreover, along with providing conceptual clarity on various aspects of case management, the practice sessions were also added to practice new skills acquired for effective case handling.

Capacity Enhancement Orientations with Service Providers on Ethical Guidelines to deal with Survivors of Violence: Zeest conducted capacity enhancement orientations with local organizations/service providers/shelter's staff including lawyers, case managers, psychologists, police medical officers, who deal with survivors of violence or are working on VAW and girls, in the select districts of KPK (Nowshehra, Mardan, Swabi) and Sindh (Hyderabad, Jamshoro and Mitiari). The main objective of these sessions was to enhance the understanding on survivor-centered approach in case management, establish the link of ethics with their work, and highlight the importance of coordination/networking and to familiarize the participants with the guidelines for the Protection and Dignity and Rights of Survivors of Violence. Participants were able to exchange knowledge through discussion. Case studies provided participants with real situations to practice the use of guidelines.

Awareness Raising Initiatives:

National Seminar: ‘Addressing Women’s Empowerment & Protection through Effective and Strategic interventions: A one-day national seminar on ‘Addressing Women Empowerment & Protection through Effective and Strategic interventions’ was held in the context of the increasing prevalence of cases of violence against women (VAW) in Pakistan, and the importance of an effective and efficient response mechanism to deal with such issues. 112 people participated in this national seminar from the social and public sector, including women activists, organizations working on VAW, social welfare departments of all provinces, media and community. The seminar was specifically aimed to provide awareness on VAW by providing a platform to participants from different areas of interventions to come together and actively contribute towards curbing VAW. The seminar also shed light on various factors responsible for increasing prevalence of VAW in society and on steps that have already been taken in addressing it effectively. Existing government programs, research findings and legislation pertaining to women’s mobility as well as safer public spaces for women and girls were debated. The event highlighted the need to develop a long-term strategy to keep the Violence against Women Centre as well as the GBV survivors self-sustained.

16 Days of Activism:

16 Days of Activism Against Gender-Based Violence is an international campaign to challenge violence against women and girls. The campaign runs every year from 25 November, the International Day for the Elimination of Violence against Women, to 10 December, Human Rights Day. Zeest embarked on a set of activities for all 16 days. The main aim of these activities was to build awareness on the impact of GBV in the community, getting men involved in helping eradicate violence, and providing survivors with information on services and organizations that can help lessen the impact of violence on their lives such as VAWC. The following activities were part of the campaign conducted:



i) Live Awareness Raising Radio Programs:

Zeest conducted four 30-minute live radio programs with different expert panellists on FM 100. The shows were based on different themes and topics including 'Role of institutions in combating VAW in Pakistan', 'Reducing GBV through Improved Legal Reforms' and 'Creating an Environment where humans can live a life of dignity'.

ii) Awareness-raising Session in Communities:

An awareness raising session was conducted in the semi-urban Kuri city, which lies in the outskirts of the federal capital Islamabad. Women in this area, like other parts of country, face gender-based discrimination in the form of lack of decision power, unpaid domestic or home based skilled work, lack of opportunities for education and employment, early and forced marriages etc. The organization has been working in this area for a few years and the program has achieved many milestones in this area including making mohalla committees for women, training on gender sensitization of both men and women, working with boys on redefining masculinities, counseling camps etc. All sessions were carried out at the same time radio program was being on aired. Women in the community were interested in all sessions but they particularly showed interest on laws and legal framework related to VAW.

iii) Dissemination of Ribbons and Documentary Screening for Staff

Every year, the organization screens a documentary focused on women's empowerment and invites the entire staff to be a part of the 16 days of activism campaign which gives an insight of VAW issues. This year, the documentary showed the struggle of Mirabel Sisters and was held at the Rozan Meeting Hall by Zeest. According to this year's theme, white and orange coloured ribbons were also disseminated among the staff members.

South Asian Women's Day:

South Asian Women's Day celebrates the voices of South Asian women, their rights and beliefs in peace, justice, human rights and democracy. Following the declaration of this day by Sangat, a South Asian Feminist Network in October 2002, every year, several organizations in different countries of South Asia come together as part of the International Fortnight Campaign for violence against women to express South Asian women's solidarity for peace, justice, human rights and democracy. In Pakistan, Rozan celebrates this day every year to mark the contribution of women in Pakistan for seeking their rights and joining their hand with other voices in the region. Zeest conducted many activities with different groups and audiences with the objective of highlighting women's struggle throughout the region and to express South Asian Women's solidarity for peace, justice, human rights and democracy.

Radio Program: Zeest participated in a 30-minute Live Radio Program *on the Role of Women's movement in eliminating VAW in South Asia and Women's Movement in Pakistan*. Shabana Arif, women activist as a panelist, shed light on the history of the women's movement in South Asia especially from the perspective of anti-women's laws and the role of the state on reducing violence against women in Pakistan. The role of feminists in promoting Peace and security in Pakistan was also emphasized. The program also highlighted the role of women activists and their struggle especially in the era of 1980s.

Awareness raising session in Kuri community was carried out at the same time radio program on 'South Asian women day' was airing. It was followed by an interactive discussion on history of SAW day and the role of feminists to reduce extremism and promoting peace in the region. Women were particularly interested in the connection of this day to the struggle of ending violence against women and the history of Women movement in Pakistan. They shared their disappointment on the lack information of these topics on other mediums such as TV or social media. Many of them have heard about the women activists, but were unaware of the details of their struggle and its relevance with

their own lives. The evening ended with lighting candles to express the solidarity and unity as well as an expression of collective demand for peace, justice and human rights.

Awareness-raising Session in Shelter House for Women: Zeest has been working with the shelters for women all over the country since 2001. Residents of shelters have always been an important shareholder of the organization’s vision and mission of collectively striving for a society that is violence free, self-aware and accepting of itself and others. An awareness session conducted with residents of a shelter home ‘Shaheed Benazir Bhutto Human Rights Center’ on the women’s movement in Pakistan. The session started with the screening of a short film on the women’s movement in Pakistan, and highlighted the Women Action Forum of Pakistan and its struggle in the context of anti-women laws. The video screening was followed by an interactive discussion on further clarity of the issue and its relevance to 30th November (South Asian Women’s’ Day). All participants reflected on their own struggles in dealing with the gender injustices prevalent in society which made them leave their houses and access shelter services. During the discussion, many of them shared that it was reassuring to know that other people had gone through similar experiences and had fought against discrimination for better systems and future of women in this region.

Material developed and distributed on GBV issues: Unfortunately, numerous women in Pakistan are unaware of the kinds of abuses they face, the rights they have under the law and the protections they can seek. Furthermore, in many instances, crucial evidence is lost in cases of violence due to lack of knowledge, causing hindrance in prosecution. To raise awareness on violence against women, forced marriage and rape, Zeest published brochures on forced marriages and how to report rape. These brochures were disseminated by Zeest’s partners in their respective areas. Brochures not only give information about these issues, but also the information on accessing the services available at VAWC Multan.

Research on the Post Shelter Journey of Women Survivor of Violence.

Zeest’s experience of working with women survivors directly in shelters and in communities shows that the concept of reintegration/restoration of survivors in the community, its conceptual understanding and practical implementation, both are misunderstood and mishandled. Reintegration is seen as reconciliation of the two parties, survivor and the accused. Due to the patriarchal society



we live in, the women who decide to take a step out of their homes are either stigmatized or due to limited access to resources face many challenges. It has been observed that once women leave the shelter, there is not enough evidence available on the physical, social, psychological and economic hurdles they face whether they go back to their community or decide to live independently. There isn't much data or research available that can help understand the internal, individual and social constructs that enable or hinder the survivors of violence to restore their lives in the community. To fill this gap both in understanding and at policy level, an in-depth research study based on survivor narratives was conducted.



This was a qualitative research using in-depth interviews that took place with survivors of violence who stayed inside shelter for 2-3 months and are now in the phase of reinstatement in the community. The study was conducted in Sindh and Khyber Pakhtoon Khaw. Management of different public and private shelters was also interviewed. Key findings from the research referred to a number of factors that hindered women in reaching out for support when they are faced with violence in their lives. These include social isolation, lack of assistance from traditional social networks as well as lack of familiarity and negative perceptions about the resources that could facilitate them such as helplines, police, and judiciary and shelter homes. The research also suggested that shelter homes can be a critical intervention offered to survivors that not only provide much needed refuge and redressal but the services and support provided therein represents a crucial opportunity for intervention that has implications for post shelter life. Hence interventions during this phase have a direct impact on how women cope with obstacles that they face after leaving shelters.

Referral Building

During the reporting period, the program has expanded its legal referral panel for facilitation of survivors of violence (women and children) through orientations on ethics. Seven lawyers have been taken on the panel from Rawalpindi and Islamabad.

Challenges:

Zeest encountered many challenges during its work, some of which are highlighted below:

- Working on gender sensitization and VAW is itself a big challenge in the patriarchal context of Pakistan. As most of the work this year was with the service providers, the deep rooted beliefs of looking at women as subservient and considering VAW as a domestic problem rather than a human rights issue proved to be a difficult attitude to address, challenge and work with.
- One of the major challenge was the attitude and response of Government officials and govt. protocols. Zeest's major area of work was with service providers who come in direct contact with women survivors. There was alot of effort required to access the survivors of violence that were sheltered in Darul Amans for research interviews Howeve, resistance from the DarulAman and SWD staff remained a constant hurdle.
- Both in Sindh and KP Rozan tried to work with local CBOs and service providers, coordination with whom turned out to be a big challenge as there are a few organizations working in small districts like Mitiari and Nowshera. It was difficult to arrange a group of local service providers initially. There were some CBOs and organizations working in these areas but didn't have strong coordination with other organizations. Although Zeest faced challenges initially, it was later successful in identifying these organizations through its activity of training of local service providers on ethical dealing of survivors. A referral network based on the local service providers and organization will further improve the response mechanism at local level.

Acknowledgement of Program's Work:

Violence against women is a challenge, calling for a holistic approach that can address the issue at all levels including awarenesss raising, advocacy, prevention and taking effective and efficientresponse measures.The work of Zeest has been acknowledged by state-run shelters in 2017 and by the UN, who acknowledged the psychosocial work done by Zeest and approached them for trainings. Zeest has adopted a multi-pronged approach and with its different interventions attempts to create a sensitive environment where women survivors of violence can access services as right holders rather than as being passive beneficiaries.

In the context of working with service providers, Zeest has worked intensively with the organizations that are in direct contact with women survivors. Many of these service providers, especially those working in public sector, come in contact with hundreds of women survivors on a daily basis. Helping these service providers realise their role in ensuring protection and dignity was challeging but was worth doing for the women they deal with. Zeest, with its capacity-building interventions, tried to bring that attitudinal change that can help women survivors of violence seek services without the fear of being blamed and have the response mechanism in ethical, and empowering way.

VAW is a much neglected area in Pakistan, and despite governmental promises and efforts, the cases of women rights violations are on the rise every year. However, as the issue of VAW is deeply rooted in patriachy and imbalanced gender roles, Pakistan needs more efforts and struggle with underlying attitudes and beliefs for a continuous and sustainable change.

Way forward:

In the past few years, Zeest has worked closely with women survivors of violence and has seen them very closely starting from the community, to the shelters and even beyond that and have worked on almost all areas of institutional response. Zeest now believes that there is a need to look for those areas in this spectrum that are missing both at policy and institutional level such as institutional support at post-shelter phase. Also, there is a need to emphasize the support and services that are not only institutionalized at government level but also recognized and owned by the community itself. In the near future, Zeest will continue its work on VAW with its strategies of community outreach, capacity building of service providers, and working directly with survivors in providing them counseling services. But most importantly Zeest will focus on advocacy initiatives for stressing a holistic response that addresses all the areas where women survivors need support.



Rabta

Police Program



Introduction:

Rozan's Rabta-Police Training and Reforms program strives to work with the police to improve attitudinal issues through capacity building. The program also advocates for addressing institutional, legislative, operational and infrastructural needs. The vision of Rozan's Rabta-Police Training and Reforms program is to have a Police institution which is citizen-centric, gender-sensitive, operationally autonomous, accountable, professionally trained, financially resourced, and technically equipped, infrastructure-wise sound and trusted by the general public.

Rabta has been working in Pakistan since 1999 to build the capacity of police personnel on attitudinal change and communication skills, as well as to sensitize them on issues related to Gender-Based Violence (GBV). Rabta has worked in partnership with the National Police Academy (NPA), provincial police training wings, Islamabad Capital Territory Police and National Highways and Motorway Police. Rabta has developed two police training curricula in collaboration with the National Police Academy (NPA) on gender sensitization, violence against women and children, attitudinal change, communication and human rights; both the manuals have since been institutionalized by the NPA. Rozan has also successfully trained approximately 4,500 police officials and 400 police instructors as Master Trainers directly, who have further trained approximately 100,000 police officials since 1999.

Core Areas of Work:

Rabta's major areas of work with police include; capacity enhancement, sensitization, research to identify police's institutional challenges, structural reforms and promotion of the concept of community policing. The following strategies were used by the program in the reporting period to achieve targets;

- Capacity building
- Advocacy and Networking
- Action-oriented Research
- Expansion and Capacity building of Civil Society Network





Key Highlights & Achievements:

Capacity Building Initiatives:

During the reporting period, Rabta has increased capacities and established strong linkages among the stakeholders for a better response to the needs of women and children victims of gender-based violence. Rabta also ensured that the interventions remain sustainable through PFDP chapters in KP and Sindh.

Rabta has successfully conducted 22 trainings and 8 refresher trainings on various topics including: The basics of participatory action research, advocacy; Gender sensitization and attitudinal change; Interviewing women and children: victims of violence; Human Rights and pro-women laws; Dealing with cases of suicides by women and Gender sensitization with Police officers including investigation officers; and Training of Trainers on attitudinal change modules for Law instructors of police training college, selected police station staff, members of Public liaison Council, Prosecutors, legal aid providers and community Influentials.

Three-Day Trainings on Gender Sensitization and Attitudinal Change Communication with Investigation Officers: 4 Three-Day trainings on Gender Sensitization and Attitudinal Change Communication, with investigation officers in Sukkur, Swat and Islamabad, were conducted during the reporting period. The trainings aim to enhance the understanding of the importance of self-awareness and attitudes related to gender based violence. Some major objectives of the training was to develop the understanding on issues related to GBV, enabling participants/police officers to observe the role of power and prejudice in stopping GBV, and the enhancement of basic interpersonal skills as a change maker.

Three-Day Training on Interviewing Women and Children: Victims of violence: Rabta conducted a three day training for investigation officers on *Interviewing women and children: Victims of violence*

with select police stations in Islamabad, Swat and Sukkur. The purpose of the training was to enhance the understanding of the police officers about the importance of attitudes while conducting interviews, as well as the technical skills and knowledge. The main objectives of the training was to prepare law enforcement officers to interview women and children victims of violence with a clear understanding of various dynamics of violence, assist the officers in differentiating between effective and ineffective techniques for interviewing women and children victims of violence, and provide officers with opportunities to explore and identify personal biases that may hinder the process of interviewing women and children victims of violence.

Six-Day Training of Trainers on Attitudinal Change Module: Rabta in collaboration with the National Police Academy developed a module on Attitudinal Change, which was approved by the National Police Training Management Board in 2007. Since then, Rabta has been periodically training Police law instructors to teach the module in their respective training schools. Rabta continued its work with capacity building institutes of the police force and held 2 *Six-Day Trainings on Attitudinal Change* with the instructors of police training school in Sindh and Islamabad. The training aimed to enhance the facilitation skills of police instructors. The training also helped participants to get familiarize with the contents of training module “book and trainers” and the requirements for its effective delivery in their respective institutions. The training also strengthened the knowledge, skills and sensitivity of instructors on three sections of the attitudinal change module, i.e. self-awareness, life skills and social awareness with regard to policing.



Three-Day Training on Rights and Pro women Laws: 3 *Three-Day training on rights and pro women laws* were conducted during the reporting period with select police station staff in Islamabad, Sukkur and Swat. The training aimed to introduce staff to topics such as international commitments, fundamental rights and pro women laws and to help enhance staff capacity on laws related to GBV.

Two-Day Training on Rights and Pro women Laws: 4 *Two-Day training on rights and pro women laws* were conducted for legal aid providers, prosecutors and community influential in Islamabad, Sukkur and Swat. The training aimed to enhance participants’ capacity on laws related to women and children

that would help them in their work on GBV and also introduced them to topics related to international commitments, fundamental rights and pro women laws. It is important to engage these various stakeholders as they are key justice sector actors in Islamabad, Sukkur and Swat and play an influential role in society. The training helped build their capacity on the laws and amendments made over the last 15 years relating to the protection of women in the Criminal Procedural Code (CPC) and the Pakistan Penal Code (PPC).

Three-Day Training on Dealing with Cases of Suicide: On the request of Swat’s District Police Officer/Senior Superintendent of Police (SSP), Rabta conducted a *Three-Day Training on Dealing with the Cases of Suicide in Swat*. The aim of the training was to address the emerging issue of suicide in Swat where in 2018 over 320 cases of attempted suicides were reported to the police out of which 221 of them were women. However, it is also important to note that many women who had been murdered in Swat, as either honor killing or to avoid land distribution, were reported as suicides.



Three-Day Refresher Training on Gender Sensitization and Attitudinal Change: 4 *Three-Day Refresher Trainings* were conducted for legal aid providers, community influential and the police on Gender Sensitization and Attitudinal Change in Sukkur, Islamabad and Swat. The trainings aimed to help participants: work on self-reflection, addressing personal biases while dealing with GBV, improving interpersonal communication skills, building gender sensitivities, better understanding of the topic of violence against women and children and building synergies among key stakeholders to end violence against women.

Two-Day Refresher Training on Rights & Pro Women Laws: 4 *Two-day trainings on rights & pro women laws* were conducted for legal aid providers, prosecutors and community influential in Islamabad, Sukkur and Swat. The purpose of the training was to review and reflect on the previous training and refresh the content and learnings.

Awareness Raising Initiatives:

Open Forums/Khuli Kachehris: Rabta has conducted 7 open forums/Khuli Kachehris in Swat, Sukkur and Islamabad to help raise awareness about community policing and help bridge the trust gap between the police and the communities in order to establish a good coordination mechanism between them. The forums provided an opportunity for the community to share their police-related challenges and problems directly with the police. The police found the forums very helpful in understanding the security needs of their respective communities. Separate open forums were also organized for women to enable them to interact with the police in a more conducive environment in order to share their safety and security related issues more effectively.



Sports Events: Sports events were organized with the police and community to enhance interaction and trust between them. The events were held in different communities of Swat and Sukkur. These events included; cricket, volleyball, table tennis, and badminton. The purpose of organizing these events was to build rapport between the police and communities to enhance their collaboration on the protection of human rights, especially the rights of women and other vulnerable communities.

Awareness Raising Session: 25 awareness raising sessions were conducted on Violence, types of violence, issues related to GBV and community policing with women, men and students in Islamabad, Sukkur and Swat. These sessions focused on understanding GBV, community policing, and the roles that the community and police play in preventing GBV.

Exposure Visits: The program organized two exposure visits to the Violence against Women Center in Multan for select communities of Islamabad, Sukkur and Swat. The visits provided an opportunity to realize and understand the needs and services that are required by GBV survivors in order to seek justice. Visitors learned about the facility and the services offered by the center. The visitors included police personnel, lawyers, community elders, NGOs and CBOs.

Celebration of National and International Women’s Day: Rabta celebrated National and International Women’s Day with police, civil society, media, local and international donors and communities in Islamabad, Swat and Sukkur. The main purpose of celebrating was to acknowledge the important role of women in society and also to appreciate the role police play in our everyday lives. The events also helped raise awareness about the dire need for improving services for women.

Street Theatres: Rabta organized three interactive street theatre performances in select communities of Swat. The objective of these performances was to help educate the community on community policing, functions of the Public Liaison Councils, the issues of harassment at public places, forced and minors’ marriages, school dropouts and domestic violence. The performances were carried out in Pushto to serve the local community. The performances also helped raise awareness on issues of GBV and helped equip participants with how they can raise their voice to end violence against women and girls.



Visits to Police Stations: Rabta arranged six visits to local police stations for select communities of Swat. These visits were arranged to help familiarize the participants’ with the functions and procedures of the police and their facility. Visitors included: PLCs’ members, local bodies’ representatives and students.

Advocacy & Networking Initiatives:

Advocacy Campaign by PFDP-Sindh Chapter: Rabta designed and implemented an advocacy campaign for the PFDP-Sindh Chapter. The campaign had various elements, some of which focused on helping to bridge the gap between legislation and implementation of pro women laws (particularly regarding GBV), pushing for police reforms which included an improved police response to GBV (especially sexual violence) and creating more awareness of rape as a crime. Some of the main objectives included strengthening police-community ties, raising the profile of the PFDP forum and lobbying for stronger police response to issues related to GBV. The campaign also focused on raising public awareness on various forms of gender based violence e.g. harassment, domestic violence, rape and other customary anti-women practices as crimes and reasserting the police’s commitment to tackle them. This helped strengthen community-police ties and work towards building a positive image of the police working to serve the needs of the community.

Members of the Pakistan Forum on Democratic Policing (PFDP) Sindh chapter conducted activities across Sindh with an aim to spotlight, inform, and raise awareness about gender-based violence through democratic and gender sensitive policing. Activities included hosting seminars, press conferences, community meetings, theatre performances; developing and dissemination of promotional material, radio messages, blogs and an organizing cricket matches between community members and the police.



Printing & Distribution of IEC Material: Rabta produced Information, Education and Communication (IEC) material in Urdu and Sindhi on pro-women laws, procedure of lodging, First Information Report (FIR) and CSOs/PFDP's demands for police reforms. This IEC material was used for advocacy and awareness raising campaign run by PFDP-Sindh chapter.

Printing & Dissemination of Advocacy Project for Democratic Policing for Prevention of GBV: Rabta produced, printed and disseminated the report on Sindh advocacy campaign and phase-I of advocacy based project of PFDP Sindh Chapter for democratic police reforms for preventing GBV. The report was published to share best practices and successes of the campaign with concerned stakeholders which included the police, NGOs, legislators, media, academia and lawyers.

Periodic/Quarterly Meetings of PFDP Forum: Rabta organized 24 periodic/quarterly meetings of the National, Sindh and KP chapters of PFDP in Islamabad, Karachi and Peshawar. The purpose of organizing these meetings was to advocate for police reforms and planning for advocacy campaign. The meetings helped build synergy among forum members and conceptualize solutions for police reforms.

Mentoring Meetings of PFDP KP Chapter: Rabta conducted 36 mentoring meetings with the members of PFDP-KP Chapter. These meetings were aimed at educating and empowering members to further advocate for police reforms. The meetings also served as knowledge-sharing sessions for member organizations on their advocacy plans for police reforms and their effective implementation.

Performance Review of PFDP National and Sindh Secretariats: Rabta conducted a performance review along with the elections of PFDP's national and Sindh secretariats to elect the secretariat for the next term of a year. The review was carried out to gauge the success and challenges that Rozan, faced as Secretariat of National and Sindh Chapter. Rozan was re-elected as the national secretariat while Legal Rights Forum was elected as secretariat Sindh chapter.

Training of members of PFDP Sindh & KP Chapter on Advocacy/Social Action Plan: Rozan conducted two trainings on advocacy/social action planning with the PFDP Sindh and KP chapters. The training was aimed at sharing various strategies and activities to advocate for police reforms. The advocacy plan/campaign was designed based on each member organization's strengths.

Meetings with Child Rights Movement (CRM): Six periodic meetings were organized with the Child Rights Movement (CRM) KP chapter. The core objective of these meetings was to build synergies by strengthening the working relationship of the two networks.

Grass Roots Level Advocacy Campaigns: Rabta implemented grassroots level advocacy campaigns organized by the PFDP National and Sindh chapters on preventing GBV through democratic policing that included: radio messages in Urdu and Sindhi language, radio talk shows, seminars, theatre performances, meetings with senior police officers, community sessions, sessions with lawyers, meetings with Human Rights and Women Protection Cells' focal persons in Sindh, press conferences etc. The basic purpose of these campaigns was to advocate for gender sensitive policing and follow up on the implementation of police's initiatives to end GBV.



Consultative Seminar of PFDP-Sindh Chapter: The program organized a consultative seminar for the PFDP-Sindh Chapter for an increased collaboration between police and the relevant stakeholders to counter issues related to GBV and to advocate for better implementation of pro-women laws. The main purpose of this consultative seminar was to identify challenges and policies related to GBV and ways to increase police engagement in addressing the cases of GBV. Another important objective was to discuss ideas for designing advocacy campaign for better implementation of pro-women laws.

Consultative Meeting of PFDP-Sindh Chapter with the Police: One consultative meeting of the PFDP-Sindh chapter was organized with the police. The meeting was organized to build synergies between the police and PFDP-Sindh chapter for better collaboration to improve policing in the province of Sindh.

Dissemination of Charter of Demand (COD) for Police Reforms: The program disseminated PFDP's Charter of Demand (CoD) for police reforms to relevant stakeholders by the members of PFDP's national and Sindh chapters. The purpose of this was to raise CSOs' demands for police reforms and hold concerned stakeholders accountable to introduce police reforms.

Dissemination of Letters on Draft Sindh Police Bill 2018: Rabta disseminated the letters to concerned DPOs on the draft Sindh Police Bill 2018 by the members of PFDP-Sindh chapter and to District Police Officers (DPOs) of KP. The core objectives of PFDP-Sindh chapter was to raise concerns on the non-

democratic clauses of draft Sindh Police Bill 2018, while the purpose of letters by the PFDP-KP chapter was to know the implementation status of the KP Police Act 2017.

PFDP- Sindh Members visit to Human Rights Cells: Members of PFDP Sindh chapter visited their concerned District Human Rights (HR) Cells in Sindh. The visits helped members learn about the functional status of HR Cells and share their experiences through campaigns for gender responsive policing.

Social Media Campaign: A social media campaign by PFDP-Sindh chapter was launched as a part of an advocacy campaign for gender sensitive police reforms during the reporting period. The objectives of this social media campaign included: engagement with legislators from Sindh, senior management of Sindh Police, academia, general public, youth, religious minorities, media and I/NGOs for demanding gender responsive policing and raising demand for police reforms, specifically with regard to violence against women and girls.

Printing and Dissemination of PFDP's News Letter: Rabta produced PFDP's quarterly newsletters. The newsletter highlighted advocacy efforts towards police reforms by PFDP and shared its importance with concerned stakeholders across the country.

Multi Stakeholder Consultation and Seminar on Dealing with the Cases of Suicide: A seminar and a multi-stakeholders consultation was held on 'Dealing with the Cases of Suicide' in Swat on the request of Swat's District Police Officer (DPO)/Senior Superintendent of Police (SSP). DPO Swat, Psychiatrists, psychologists, researchers, academicians, CSOs, NGOs, media, lawyers and community elders participated in the event. The main purpose was to help raise awareness of the gravity of the issue within the community and various ways to address it.

Swat Police shared that during 2018, over 320 cases of attempted suicides were reported to the police, out of which 221 of them were women. It was important to note that many women who had been murdered in Swat, for honor killing or as a way avoid land distribution, were reported as suicides. DPO Swat, District Public Prosecutor of Swat, Senior Manager Rozan and a religious scholar talked at the event to highlight different social, legal and psychological aspects of suicide. Rabta presented the phenomenon of suicide, statistics about suicide, national and international context of suicide, factors contributing to suicide and preventive measures to address the issue of suicide. The need for building synergy amongst all the stakeholders was stressed by all participants.

Expansion and Capacity Building of Civil Society Networks

Two Day Training on Basics of Participatory Action Research: Rabta conducted a two-day Training on *Basics of Participatory Action Research* for civil society organizations and members of the Pakistan Forum for Democratic Policing KP Chapter in Peshawar. The purpose of the training was to build CSOs understanding on the ethics of research, the importance of conducting research for advocacy on police reforms and to educate forum members on different methodologies of participatory action research.

Three Day Training on Laws related to Security and Justice System: Rabta held 2 Three-Day Trainings on laws related to security and the justice system with members of the PFDP KP chapter. The training aimed to introduce participants to the criminal justice system in Pakistan, especially KP Police Act 2017, and laws pertaining to the rights of women and youth. Also the identification of the areas for advocacy on better implementation of laws by the police.

Two Day Training on Advocacy for Democratic Police Reforms: Rabta conducted a Two Day Training on Advocacy for Democratic Police Reforms with the members of PFDP KP chapter in Peshawar. The purpose of the training was to help participants' understand advocacy, to identify the stakeholders for advocacy on policing and to design an advocacy strategy for democratic policing.

Mentoring Meetings with the Members of PFDP KP Chapter: Rabta conducted 36 mentoring meetings with the members of the PFDP KP chapter during the reporting period. These meetings were held to review the commitments made by the concerned forum members. Successes and challenges with regard to the forum and concerned members were discussed and a way forward for enhancing effectiveness of the members for police reforms were devised in these meetings.

Challenges:

- Rabta's work was impacted by the general elections and the change in government, as many police officers and civil administration officers got transferred by the interim and newly elected federal and provincial governments.
- The shrinking space and less conducive work environment for civil society organizations (CSOs) and donors in the country is also an impediment for generating an informed debate to address the issue of GBV.
- Introducing police reforms and helping survivors of violence has not been top priorities of the state institutions. Therefore, advocacy for these campaigns and pushing the needle forward becomes extremely challenging.
- Extreme weather conditions in Swat during winter was another impediment for the program to execute activities over there. Heavy rain and snow fall in project areas resulted in low participation and affected the project activities.

Acknowledgement of the Program's work:

Rabta's continuous efforts for better community policing resulted in an MOU signing between Rozan and Islamabad police. Rabta's PFDP website also served as a great tool to connect the members of various network and helped disseminate information. Police of three provinces (KP, Islamabad and Sindh) acknowledged Rabta's efforts and have since approached the program for future interventions for effective and efficient policing. Rabta's work has resulted in a well-informed network of CSOs on police reforms and addressing GBV in KPK, Sindh and at national level.

Another achievement of Rozan is an increase of women's participation in trainings and Khuli Kachehris. Rabta held its first ever Open Forum/Khuli Kachehri for women only to discuss GBV related issues. Women who participated in Khuli Kachehris in Islamabad and Swat, appreciated Khuli Kachehris as they visited their local police stations for the first time and found it to be a useful platform for sharing their issues with the police and their resolution in accordance with the law. The Community has appreciated Rabta for its efforts in bridging the gap between the police and community members, especially women who were trained on GBV issues intended to be part of police community liaison Committees in Islamabad and Swat. Rabta has received support from female volunteers for its mobilization of trainings and Khuli Kachehris in Swat. Rabta has received a tremendous response for its efforts from Senior Police Management. They showed great interest and participation in the events conducted by Rabta such as IGP Sindh & Islamabad, DIG South- Karachi, DIG- Sukkur, DPO Swat, SP upper & Lower Swat.

Way Forward:

The impact of Rabta's work has been observed in individuals and institutions and is evident from the acknowledgements shared, but unfortunately no big change has been witnessed in the society with regard to GBV. One of the reasons is society's view of GBV and it still being considered a taboo topic. The ones who report their cases of GBV are not encouraged by the society or the system. The structural limitations of state institutions, including police, judiciary and prosecution, is a huge hindrance in meeting the security related needs of vulnerable persons and survivors of GBV. The state's policy for civil society organizations does not seem to be changing in the near future and it will be a continuous struggle for Rabta to raise the voice against GBV and the undue restrictions on the CSOs.



Humqadam

Men and Masculinities Program



Introduction:

Men are usually depicted as being aggressive, violent and hegemonic, and these portrayals are shared across the world. Unfortunately, an overwhelming majority of individuals consider these gender roles as naturally occurring or biologically driven. These confining attitudes towards men and masculinity only puts other genders in vulnerable positions, but is also damaging to men themselves. Rozan believes that men shouldn't be associated to toxic norms of being violent and hegemonic, and works towards breaking harmful gender stereotypes and adopting a new and tailored definition to masculinity. Rozan's Humqadam program aims to create spaces for men and boys to engage on conversations surrounding the issues of violence against women and children and to explore alternative and healthier models of masculinities. Humqadam believes in the modern-day model of masculinity which is quite different from the outdated, regressive and violent model of man. The Modern model of masculinity focuses on increasing the role of a man's responsibility from just a bread winner to a more holistic man that is more involved in his family affairs.

Core Areas of Work:

Humqadam's prime areas of work include Expansion of Knowledge for men and boys, Understanding and establishing a Resource Base through research on Masculinities in the cultural context of Pakistan. And capacity building through networking and trainings. Major strategies used by the program during the reporting period are mentioned below;

- Capacity Building
- Raising Awareness
- Research

Key Highlights & Achievements:

Capacity Building Initiatives:

Humqadam built capacities of communities and professionals from different walks of life on Understanding Masculinities and Transformation, Gender Justice and campaign designing. The program has conducted 35 capacity building trainings and 4 refresher trainings during the reporting period.

Five Day Training on Understanding Masculinity and the role of men & boys to prevent violence against women: Humqadam conducted 3 five day training on understanding masculinity and the role of men & boys to prevent violence against women with the staff of Rozan's partner organization Bahnbeli and with the communities of Mirpur Khas, Nagar Parker and Thar Parker. The training aimed to enhance the understanding of the concept of patriarchy, masculinity, violence against women, men and children and the relationship between them. The training also helped identify the challenges for conducting sessions in the community, practice the acquired knowledge & skills, and develop future action plans to end violence against women at personal as well as at the organizational level.

Series of Training on Masculinities and Gender Based Violence: Humqadam believes that a positive, long lasting and sustainable change in society can only be achieved with the help of volunteers from different communities. Based on the organization's vision, Humqadam engaged men and boys from

the Kuri, as well as worked with its NGO partner Vision Pakistan Trust (VPT). For the last couple of years, VPT has providing free tailoring training and education to young boys in Islamabad. A series of sessions were conducted to build the capacity of select groups of young boys in Kuri community and with Vision Pakistan Trust on issues of masculinities and gender based violence. The series of 28 weekly sessions titled “Training on Masculinities and Gender based violence” was aimed at initiating the process of self-awareness among participants along with developing sensitivity towards the issues of masculinities and GBV. The participants, who ranged from 13 to 28 years, went through the topics of self-awareness, communication skills, assertive behavior, power and prejudice and their impact on society, understanding gender and gender stereotyping, masculinities and gender based violence. Some of the participants in Kuri expressed their interest in learning the skills on how to conduct training and even assisted Rozan during the sessions. They showed their commitment to continue the same work in their personal capacity also.

Five Day Training on Men, Masculinities and Gender Justice: The program has conducted a Five Day training on Men, Masculinities and Gender Justice with the staff of partner organization (Civil Society Support Program) and with the select communities of Mirpur Khas. The objective of the training was to: deepen the understanding of and link between masculinity, violence against women, men and children; Create sensitivity and impact of violence on individuals, families and society; identify challenges while conducting sessions in the community and develop action plans for dealing with the issues of violence against women. Most of the participants were illiterate and had no exposure to any such trainings before. The concept of gender, masculinity and gender-based violence were new to them. Being representatives of minorities, the training enabled them to link gender with social justice as well.

Three Day Refresher Training on Men, Masculinities and Gender Justice: Humqadam conducted 4 three day refresher training on Men, Masculinity and Gender Justice with its partner organizations Bahnbeli and CSSP with the communities of Mirpur Khas, Nagar Parker, and Thar-Parker. The training aimed to refresh the knowledge and deepen the understanding of participants on gender, masculinity and its related concepts.



Three Day Training on gender, masculinities and campaign design: Humqadam strongly believes in the ideology that without the active involvement and participation of youth no social change is possible. Hence, Humqadam invests a lot in youth in this regard the program has conducted a three day training on gender, masculinities and campaign designing with a select group of students who expressed their interest after awareness raising sessions in their universities. The participants were selected from two universities of Rawalpindi and Islamabad. The main purpose of the training was to enhance conceptual clarity on and connection between self, gender and masculinities; enable participants to design and implement campaigns on social issues; develop small projects/plan to raise awareness around the issues of masculinities; and conduct the International Men and Gender Equality Survey - Pakistan (IMAGES-PK¹) in their social circles. After the training, participants designed projects and ran campaigns on various topics related to masculinities and GBV on social media. Humqadam supported these projects with seed money. An experience-sharing seminar on these campaigns was also organized to share the experiences of the participants followed by prize and shield distribution.

Two Week Learning Fellowship on Men, Masculinities and Transformation: Although the program has been engaging with multiple groups of men and boys in different communities across Pakistan for over two decades, the need for expansion and taking the discourse forward on masculinities is ever-present. Humqadam organized the first ever two weeks' learning fellowship course on "Men, Masculinities and Transformation" with a mixed group of women and men from across Pakistan. The training aimed to initiate the process of transformation among participants by giving awareness and sensitization on various facets of issues of masculinities. Seasoned facilitators and academics like Dr. Ambreen Ahmad, Prof. Kausar S. Khan, Dr. Sohail Bowani, Dr. Farzana Bari, Mr. Babar Bashir, Mr. Saghir Bukhari, Ms. Kishwar Sultana, Mr. Raziq Fahim, Mr. Anand Pawar and Syed Ali Salman conducted the course sessions.



The main objectives of the course were to develop a deeper understanding of masculinity as a social construct and its pluralist, reflection of self, the socialization processes we go through and the

¹IMAGES-PK combines the quantitative and qualitative data on gender based violence. The survey incorporates male female participants 18-49 years from four provinces of Pakistan: Baluchistan, Khyber Pakhtunkhwa, Punjab and Sindh. This is the first formalized authenticated study which assesses men's perception on variety of topics pertaining to gender equality in Pakistan. Rozan along with Ministry of Human Rights, Pakistan, Rutgers – Pakistan and Population Council lead the research.

development of gender identities and norms over time. The course also aimed to enhance the understanding of inter-sectionalism of core concepts like masculinities, development, sexualities, gender violence, religion and conflict; adapt tools and skills to translate learning of the course into our work and personal lives. The participants were women and men from urban and rural areas of Pakistan, who have prior experience of working on issues of masculinities and represented media, academia, civil society organizations and legal aid Providers. The participants learned how the process of self-awareness may help individuals deal with deep-rooted cultural values, ideas and help them develop a more gender sensitive attitude not only towards vulnerable groups like women, children and transgender people but, also towards themselves and other men. Topics like patriarchy and culture, gender-based violence, sexuality, violent conflicts, and men's engagement movement in relation to masculinities was also discussed in the course.

Awareness Raising Initiatives:

Humqadam conducted 86 awareness raising activities which included sessions, radio programs and video content on social media, along with the development of illustrative modules on "Engaging Men and Boys" in Urdu and Sindhi. Activities outlined below:

Awareness Raising Sessions with the Communities of Thar Parker: The program has conducted 75 awareness raising sessions on understanding gender, masculinities and role of men in reducing gender-based violence with the communities in Nagar Parker and Thar Parker. The main objective of conducting these sessions was to sensitize people and create awareness among the communities on the issues of gender-based violence and how men can play an active role in the reduction of violence in society.



Awareness Raising Sessions in Universities: Humqadam believes in the power of youth engagement for social change and identified two universities (Fatima Jinnah Women University and Iqra University) in Islamabad and conducted awareness raising sessions with the students of the department of Women Research Resource Center and Social Sciences of these universities respectively. The main objective of the sessions was to create awareness among the youth on the issues of masculinities with reference to gender based violence. From these sessions, a group of students was selected for an

advanced training on understanding masculinities, engagement of men in reduction of violence and campaign designing, for their future engagement on the issues of masculinities.

Development of Illustrative Module Development: Illustrations are an effective mode of communication and helpful in delivering messages to people of different backgrounds, languages and literacy levels. Taking into consideration the need and demand expressed by the communities, the program has developed an illustrative module on “Engaging Men and Boys” for raising awareness, as well as visual material for the communities. A total 31 illustrations were used in the sessions and focused on Self-awareness, Happy & Sad families, Masculinity, power, GBV, Domestic violence and its effects. The module was developed in both Urdu and Sindhi.

Radio and Social Media Activities: Humqadam realizes the importance of radio and social media as great tools for advocacy. For this reason, Humqadam organized three radio programs for the 16 days of Activism Campaign. The three topics covered are below;

1. Police and masculine behaviors
2. Masculinities and violence in society
3. Gender Based Violence

The program also produced short documentary movies for awareness raising on social media. These included two sets of movies:

- a) The findings and recommendations of IMAGES research by experts which Humqadam conducted during the reporting period.
- b) Discussion by celebrities around the issue of masculinity and gender stereotypes.

Provincial Seminars: The program has conducted 4 provincial seminars to share findings of IMAGES (The International Men and Gender Equality Survey) to start a discourse among different stakeholders. Humqadam conducted the IMAGES research in collaboration with the Population Council to explore men’s and young boys’ attitudes, perception and practices towards gender equality. The major objective of conducting these seminars was to initiate a discussion on understanding men and boys’ roles in ending gender inequalities. The audience shared their experience that they found these seminars helpful and provided them an opportunity to learn about the findings of the research including men’s perspectives towards gender equality, various topics of masculinity and especially an insight to men’s emotional intelligence.

Research Initiatives:

To continue awareness raising, and keeping in mind the need and demand of local NGOs and CBOs of Thar Parker and Mirpur Khas, Humqadam conducted research using The International Men and Gender Equality Survey (IMAGES) in collaboration with the Population Council as its national research partner. IMAGES is a comprehensive study on men’s perception, practices and behaviors related to gender equality, gender norms, men’s participation in care giving, household division of labor, gender based violence (spousal violence) and health and economic stress.

The sample size for Pak-IMAGES was calculated to be 1,250, based on the prevalence of physical violence as reported by women² in the Pakistan Demographic and Health Survey (PDHS) 2012-13, which is 32 percent. A total of 1,250 interviews were conducted, of which 13 were excluded during data cleaning and validation process leaving 1,237 interviews for the analysis. The IMAGES

respondents thus include 640 married men, 297 unmarried men, and 300 married women, all between 18 and 49 years of age.

Salient findings of this research stated that 77% unmarried men and 76% married men expressed that women should tolerate violence to keep the family together. 59% unmarried and 56% married men viewed that sometimes women deserve to be beaten and man is justified in leaving his wife if she is continuously bearing daughters. About half of all respondents believe men should not marry older women because men must be dominant partners at all levels of the spousal relationship and opinion about working women was also not much encouraging as 29% married men and 14% women viewed that women who work outside the home cannot be good wives or mothers.

Challenges:

- Humqadam initiated its work in the Kuri Community, and initially the topics discussed were not well received by the community. Taking men and boys on board to discuss the issues of masculinities and gender based violence was a big challenge. Boys and young men resisted, but with continuous and rigorous mobilization, Humqadam succeeded in establishing groups of men and boys and conducted series of sessions with them.
- Working and engaging youth in activities and keeping them engaged was initially a challenge, but the program revised its strategy and involved them in activities to create bonding among the participants and used various platforms for awareness raising.



Acknowledgement of Program's Work:

Humqadam's capacity building initiatives brought a significant change in the behavior of participants and facilitators. Participants of the trainings expressed that the trainings helped clarify concepts of feminism and patriarchy and helped them realize how gender-based discrimination is not only harmful for women but for men also. Another important element shared was the realization of the importance of women in society and the vital role they have played in the development of society. The training helped understand the issue of toxic masculinity in society, how to overcome it and how to better engage with men and boys to end gender-based violence and other injustices in society. Participants who have received trainings by the program expressed their interest to further work on masculinities and gender-based violence in future to create a peaceful and violence free society.

Way Forward:

Humqadam aims to further expand its efforts in the area of research and explore various facets of masculinity. Humqadam also intends to increase the number of fellows trained on the issues pivoting masculinities in the context of Pakistani society by offering more fellowships to selected individuals. Working directly with communities and civil society organizations through capacity building is one of the core strategies of Humqadam; and the program aims to continue partnership building with both sectors. Based on its recent experience working with youth in academic institutions, Humqadam is motivated to further build and cultivate relationships with this group.



Community Program



Introduction:

Since its establishment, Rozan has worked with different communities, to educate them and connect them to different welfare institutions for the creation of a violence free and peaceful society. The program's main objective is sensitization and building the capacity of the community, and therefore, Rozan implemented its tried and tested integrated model of social change which was implemented in Rawat community and has achieved great success. The same model was used for the Kuri community on issues of Violence against women and children, and helped build its capacity to contribute to personal development as well as in creating a violence free society.

Core Areas of Work:

Community program works as a support unit for Rozan, as they provide support to other programs to achieve desirable results for a concrete and lasting change. Community programs' core areas of work include;

- Identification of Community
- Mobilization
- Capacity Building
- Awareness Raising
- Engaging Volunteers from the Community

Key Achievements and Highlights:

Identification of Community

Community program identified Kuri community after careful selection. During the reporting period, the program conducted a baseline study for the identification of the issues in the targeted community and for intervention planning. Findings of the study highlighted a prevalence of issues related to Gender Based Violence and child sexual abuse in the selected community. Rozan initiated an integrated model of community change, where all of Rozan's programs (Zeest, Humqadam, Rabta and Aangan) were engaged. This included work with women, children, youth and men. Youth groups were also identified by community program to work on masculinity and gender-based violence.

Mobilization Initiatives

After the Kuri community was identified, Rozan made several visits to the particular community. Meetings with influential people within the community were organized to introduce them to Rozan and its vision and mission. These meetings also helped Rozan understand the community better and its needs with reference to women, youth and children. The meetings included women and youth to ensure a more holistic understanding of the areas that needed work. Different groups from the community including government employees, local body representatives, social workers, and teachers were also invited to Rozan to discuss future plans. After consistent interactions with the community members, Rozan started its interventions and at every level participation of community members was ensured to make the activities more effective and fruitful.

Capacity Building Initiatives

Taking into account the need of the community, the program mobilized the community and conducted capacity building sessions on life skills, body protection and safety. Parents, children and youth were engaged in orientation sessions on child protection and safety and parents were given tools which aimed to help them become more responsible and work more effectively with their children. Parents were given information to enroll their children in Rozan's summer camp where they could learn healthy life skill activities and body protection. Rozan organized 2 summer camps mentioned earlier in highlights of Aangan program for children of Kuri community during the reporting period. Volunteers from the community played an active role and supported in organizing all the activities. The program also conducted capacity building sessions for women on gender based violence and women's rights. Men and boys were also engaged in capacity building sessions under the Humqadam program.



Awareness Raising Initiatives

The program has conducted awareness raising activities in the community to enhance awareness on issues of gender based violence and child sexual abuse. Community program facilitated Rozan's other programs in the celebration of days such as women day and girl's child day. In celebration of various days, the program provided them a platform where they could discuss the issues of violence. Orientations on emotional health and counseling were required, as part of the initiative, to better equip people when working on issues related to violence and abuse. The program was able to successfully mobilize the community and arranged counseling camps as well.

Engaging Volunteers from the Community

The program was able to identify interested volunteers which helped setup the protection committee in Kuri community. The role of the committee is to empower the community to collectively raise their voice against injustices and take necessary actions in cases of abuse and violence. Besides their

commitment to the committee, the volunteers also helped with other interventions and activities. The volunteers comprised of men, women, young girls and boys and children.

Acknowledgement of the Program's Work

People from the Kuri Community appreciated the work done by Rozan which centered on raising awareness on child protection, gender based violence and engagement of young boys and men in order to reduce violence against women. The community expressed that they had become more aware and knowledgeable on the concept of violence, its forms and impact on daily life and how to address the issue of VAW.

Challenges:

- Rozan faced problems when dealing with the community influential, as they were reluctant on the suggested activities to be conducted in their community.
- Working with women was another challenge as many were not allowed to leave their homes and the men made decisions on their behalf.

Way forward:

The Program will continue providing support to the existing community, but also aims to expand to other areas. After enhancing the capacity of community volunteers, the program is confident that the volunteers will be able to take the lead and continue their effort to ensure a peaceful society.



Rozan Counseling Helpline



Introduction:

Mental health is a level of psychological well-being -It is the "psychological state of someone who is functioning at a satisfactory level of emotional and behavioral adjustment". Research from around the world shows that women who experienced one or more types of gender-based violence had an increased risk for mental disorders. Bhatti (1999), in his assessment of the prevalence and health consequences of domestic violence among women in Karachi, Pakistan, found VAW as a major predictor of anxiety and depression. Rozan's Counseling Helpline which has provided psychosocial and referral services since 2001, indicated that women and girls usually approach counseling due to issues related to psychological problems e.g. anxiety, depression, stress, suicidal ideation and domestic issues. However in-depth counseling of these cases revealed that social issues, for instance gender discrimination, gender based violence, lack of mobility, not being included in decision making process, were the main causes behind these psychological concerns. Mental and emotional health of people, especially those who face violence, remains largely ignored in spite of the fact that it is crucial to the well-being of individuals and society.

Rozan Counseling Help line, which is another supporting unit of Rozan, started in 2000 provides free telephonic counseling to adolescents, youth, women and men on mental, emotional health issues as well as issues related to reproductive health, career and relationship problems etc. RCHL also helps raise awareness on mental health and wellbeing and advocates for its importance for a healthy and progressive society. The Helpline receives calls from all over Pakistan.

Rozan Counseling Help Line has received over 61,087 counseling calls since its establishment to 2018. It has received calls from men, women, boys and girls of all ages who have sought help for issues related to emotional/mental health, reproductive health, violence related issues, career and relationships. Rozan counseling helpline is also recognized as a resource center and conducted Capacity Building workshops for other helplines and professionals. RCHL has been involved in conducting support groups, awareness raising campaigns and counseling camps in different communities.

Core Areas of Work:

RCHL core areas of work includes the below;

- Telephonic Counseling
- Email Counseling
- In Person Counseling
- Counseling Camps in Communities
- Capacity Building
- Awareness Raising
- Referral Building

Key Achievements & Highlights:

Telephonic counseling

Rozan counseling helpline received 1213 counseling calls during the reporting period. Among these calls, 168 calls were new callers, while 744 were regular callers of which 116 were females while 696 were males. Most of the callers indicated that they heard about the counseling helpline from their relatives and friends of previous clients. This indicated impact of counseling services, in the form of people's trust on Rozan's helpline as they found counseling effective and trustworthy and referred it to someone else. Many of the calls received included the issues of management of feelings, handling of children's behavior, family conflicts, reproductive health issues, marital issues (Physical, Financial & emotional violence), academic problems, depression, anxiety and more.

No. of calls	New	Regular	Female	Male	Transgender
1213	168	744	116	696	0

In person counseling

RCHL also provides in-person counseling, as it is the most effective type counseling where the client has the chance to communicate with the therapist directly. RCHL had 23 in-person sessions during the reporting period, of which 12 were new cases and 11 were regular clients. 8 females, 3 male and 3 children were provided counseling services of RCHL. Major issues highlighted by in-person clients were anxiety, family conflicts, depression and behavioral issues.

No. of sessions	New	Regular	Female	Male	Child
23	12	11	8	3	3

Email counseling

Email counseling is another important component of RCHL, providing services to individuals who are not comfortable with in-person and telephonic counseling services. RCHL responded to 108 counseling emails, of which 65 were new and 33 were regular emailers. The clients comprised of 30 Females and 36 males. Major issues highlighted by the clients were anxiety, anger, low self-esteem, and reproductive health related issues.

No. of emails	New	Regular	Female	Male
108	65	33	30	36

Community camps for counseling

RCHL conducted orientations on emotional health organized in the Kuri community during the reporting period. With time, people have become more aware about the importance of emotional health and how counseling empowers them to deal with their issues. This has made them more comfortable in approaching counseling services. However, sometimes it is not possible for potential

clients to come to the Rozan office or be able to talk in private over the phone or even email. Therefore, the Helpline counselors offer their services to communities where Rozan works. During the reporting period, RCHL conducted 29 counseling camps in communities and provided services to 24 female and 16 children.

No. of sessions	New	Regular	Female	Children
29	17	12	24	16

Capacity Building

Previously, RCHL partnered with The Asia Foundation to build the capacity of its staff, based in Haripur and Islamabad that provide legal, medical and counseling support to people who face violence in their lives and need legal, medical and counseling services.

Two Day Training on Gender Sensitization and Counseling Skills: RCHL conducted a Two Day training on Gender sensitization and counseling skills for the staff of The Asia Foundation. The main objective of the training was to help build the capacity of the participants to better understand the concept of gender and to enhance psychologists' counseling skills when working with women survivors of violence. RCHL also did two case supervision meetings with the staff of these centers and gave feedback and supervision on the quality of support they are providing to women survivors of violence. RCHL also provided guidance on how they can further improve.



Awareness Raising Initiatives

Every year RCHL is engaged in different activities to promote its services. During this reporting phase, RCHL focused on printing promotional materials for awareness raising, radio programs and community sessions etc.

Awareness Raising Sessions in Communities on Mental Health Day: World Mental Health Day is observed on October 10 every year across the world. On this day, the idea is to empower people suffering from mental health problems and encourage them to talk about it. RCHL conducted 2 awareness raising sessions on mental health in Kuri and Rehmatabad community in Islamabad. RCHL did a number of activities to mark this day including poster pasting, one day counseling session, distribution of flyers on the importance of mental health, and live Radio Program to raise the awareness on world mental health day.

Development & Distribution of IEC Material: RCHL developed banners in both English and Urdu, for awareness raising and for promotional activities. RCHL cards were also reprinted in English and Urdu and distributed at different events and in communities.

Launch of Facebook Page: RCHL launched its Facebook page during the reporting period and launched many promotional activities to raise awareness about its services and emotional health. Content included new posts related to emotional health and counseling and short videos of from Radio programs. The campaign was successful in increasing the general awareness about RCHL services, and after only one month the number of followers reached to 3.4 K, with a daily viewership of posts from approximately 7000 people.

Radio Programs: RCHL conducted 6 radio programs during the reporting phase with the main aim of increasing awareness on emotional and mental health and the services available. Topics of radio programs were:

1. Emotional health and importance of counseling,
2. Stress management, and its impact in our daily life, coping stress etc.
3. Depression
4. Anxiety
5. Parenting
6. World Mental Health Day

All programs were broadcasted live, through FM100. In one of the live radio program, previous callers of RCHL were invited to share their experience of counseling through Rozan counseling helpline.

Referral building

RCHL updated old referrals and built new ones with health professionals during the reporting period. Currently RCHL built 11 new referrals with health professionals and 21 with other helplines which provide support around medico legal, legal and counseling aid. RCHL received referrals in Rawalpindi, Islamabad, Lahore, and Peshawar, Hyderabad with psychologists, psychiatrists and speech therapists. RCHL is in the process of developing an MOU with Madetrina Health Care Center for a two way referral of clients and support related to emotional and mental health issues.

Acknowledgment of Program’s Work:

RCHL provides free counseling services and has helped thousands of clients deal with their problems effectively, as well as, provided them with emotional support.

A testimonial from a client on her experience:

“I believe that Allah Almighty sent not only problems but also angels like Amina who helped solve my problems. I was depressed as I couldn’t even walk one step. I was feeling helpless, when my brother advised me to call Rozan. I called and talked to Amina. It feels like a miracle. I slowly and gradually came out of my depression. With the support of counselling, I became powerful. Alhamdulillah now I can manage the hardest moments of my life. Amina helped me find my way and through it I have not only helped myself but others along the way. Thanks to Rozan’s counseling service and especially to Amina”

Way forward:

Mental and emotional health is an area that is highly ignored, despite of its imperative impact on physical well-being and daily functioning of life. Though RCHL has been working for many years on this topic, there is still a great need to raise public awareness on the issue. RCHL will continue its work in helping people with emotional and mental health problems with its specialized services, and at the same time it will focus on raising awareness about the seriousness of these issues. The specific focus of RCHL in near future are the students and educational institutes and strategy will be orientation, sessions and direct counselling services.



Annexures

Annex A: Financial Statement of 2017

Annex B: Financial Statement of 2018

Annex C: Rozan's Activities Detail during 2017- 18



Annex A:

Rozan

Statement of Financial Position

As at 30 June 2017

	Note	2017 (Rupees)	2016 (Rupees)
ASSETS			
NON-CURRENT ASSETS			
Property and equipment	4	65,410,589	52,780,469
Intangible asset	5	124,167	223,500
		<u>65,534,756</u>	<u>53,003,969</u>
CURRENT ASSETS			
Grants receivable against operating activities	6	1,161,513	3,819,036
Advances	7	131,324	1,763,747
Deposits and short-term prepayments	8	564,356	1,290,032
Cash and bank balances	9	23,227,404	21,787,749
		<u>25,084,597</u>	<u>28,660,564</u>
TOTAL ASSETS		<u><u>90,619,353</u></u>	<u><u>81,664,533</u></u>
RESERVE AND LIABILITIES			
GENERAL RESERVE			
		57,354,427	59,911,615
NON-CURRENT LIABILITIES			
Deferred capital grants	10	2,353,557	3,619,777
Deferred grants against operating activities	11	16,377,190	6,312,621
		<u>18,730,747</u>	<u>9,932,398</u>
CURRENT LIABILITIES			
Accrued and other liabilities	12	13,983,924	9,401,567
Taxation - net	13	550,255	2,418,953
CONTINGENCIES AND COMMITMENTS			
	14		
TOTAL RESERVES AND LIABILITIES		<u><u>90,619,353</u></u>	<u><u>81,664,533</u></u>

The annexed notes 1 to 25 form an integral part of these financial statements.


MANAGING DIRECTOR


FINANCE COORDINATOR

Rozan

Statement of Comprehensive Income

For the year ended 30 June 2017

	Note	2017 (Rupees)	2016 (Rupees)
INCOME			
GRANT INCOME RECOGNIZED AGAINST			
Expenditure incurred	11	28,364,256	26,403,420
Closed projects	11	19,461,032	54,136,231
		47,825,288	80,539,651
Amortization of deferred capital grants	10	1,488,805	1,290,114
		49,314,093	81,829,765
NON-GRANT INCOME			
Income from consultancy contracts	15	6,270,522	569,288
Donations	16	1,375,529	4,371,186
Other income	17	1,680,568	3,599,527
		9,326,619	8,540,001
		58,640,712	90,369,766
EXPENDITURE			
Project expenses	18	47,825,288	80,539,651
Expenses against consultancy contracts	19	5,836,898	-
Other operating costs	20	7,219,496	5,809,355
		60,881,682	86,349,006
(DEFICIT) / SURPLUS FOR THE YEAR			
		(2,240,970)	4,020,760
Taxation	21	316,218	1,322,038
		(2,557,188)	2,698,722
NET (DEFICIT) / SURPLUS FOR THE YEAR			
Other comprehensive income for the year		-	-
Item not to be reclassified to income and expenditure account in subsequent periods		-	-
Total comprehensive (loss)/income for the year		(2,557,188)	2,698,722

The annexed notes 1 to 25 form an integral part of these financial statements.


MANAGING DIRECTOR


FINANCE COORDINATOR

Annex B:

Rozan
Statement of Financial Position
As at 30 June 2018

	Note	30 June 2018 (Rupees)	30 June 2017 Restated (Rupees)
ASSETS			
NON-CURRENT ASSETS			
Property and equipment	4	64,932,992	65,410,589
Intangible asset	5	24,834	124,167
		<u>64,957,826</u>	<u>65,534,756</u>
CURRENT ASSETS			
Grants receivable against operating activities	6	1,379,847	1,161,513
Advances	7	100,528	131,324
Deposits, short-term prepayments and other receivables	8	690,903	564,356
Cash and bank balances	9	17,889,152	23,227,404
		<u>20,060,430</u>	<u>25,084,597</u>
TOTAL ASSETS		<u>85,018,256</u>	<u>90,619,353</u>
RESERVE AND LIABILITIES			
GENERAL RESERVE			
		57,997,085	57,354,427
NON-CURRENT LIABILITIES			
Deferred capital grants	10	2,294,293	2,353,557
Long-term loan	11	3,750,000	5,000,000
Deferred grants against operating activities	12	8,128,427	16,377,190
		<u>14,172,720</u>	<u>23,730,747</u>
CURRENT LIABILITIES			
Accrued and other liabilities	13	11,437,870	8,983,924
Current portion of long-term loan	11	1,250,000	-
Taxation - net	14	160,581	550,255
TOTAL RESERVES AND LIABILITIES		<u>85,018,256</u>	<u>90,619,353</u>
CONTINGENCIES AND COMMITMENTS	15		

The annexed notes 1 to 27 form an integral part of these financial statements.


MANAGING DIRECTOR


FINANCE COORDINATOR

Rozan
Statement of Income and Expenditure
For the year ended 30 June 2018

	Note	30 June 2018 (Rupees)	30 June 2017 (Rupees)
INCOME			
GRANT INCOME RECOGNIZED AGAINST			
Ongoing projects	12	60,372,273	28,364,256
Closed projects	12	9,547,652	19,461,032
		69,919,925	47,825,288
Amortization of deferred capital grants	10	1,252,950	1,488,805
		71,172,875	49,314,093
NON-GRANT INCOME			
Income from consultancy contracts	16	7,456,895	6,270,522
Donations	17	1,763,900	1,375,529
Other income	18	3,023,692	1,680,568
		12,244,487	9,326,619
		83,417,362	58,640,712
EXPENDITURE			
Project expenses	19	69,919,925	47,825,288
Expenses against consultancy contracts	20	6,352,114	5,836,898
Other operating costs	21	4,335,206	7,219,496
Fund raising expenses	22	1,310,851	184,117
		81,918,096	61,065,799
SURPLUS / (DEFICIT) FOR THE YEAR		1,499,266	(2,240,970)
Taxation	23	856,608	316,218
NET SURPLUS / (DEFICIT) FOR THE YEAR		642,658	(2,557,188)

The annexed notes 1 to 27 form an integral part of these financial statements.


MANAGING DIRECTOR


FINANCE COORDINATOR

Annex C: Rozan's Activities Detail during 2017- 18

Capacity building Activities Conducted by Rozan during 2017-18

Aangan						
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants			Location
			Total	Male	Female	
24	Life Skills Sessions with Children of Pakistan Sweet Homes	Children	32	12	20	Islamabad
2	Training of Trainers on life skills with Government school for Visually impaired girls	Teachers	19	2	17	Rawalpindi
1	Capacity enhancement Session on Child sexual abuse and child protection in 8 Schools	Teachers and staff of school	25	1	24	Islamabad
1	3 day training on child sexual abuse	Psychologists, teachers, lawyers and volunteers	22	8	14	Islamabad
1	3-day training on interviewing children victims of violence and child protection and child sexual abuse	Police officials	30	30	---	Peshawar
1	1 month summer camp in collaboration with women welfare and development Govt of Pakistan	Children 8-12	28	18	10	Islamabad
1	2 week summer camp in KURI	Children 8-12 years	25	15	10	Islamabad
1	2 week summer camp in collaboration with women welfare and development Govt of Pakistan	Children 6- 12 years	26	13	13	Islamabad
1	3 day self-growth and capacity building training for community committee members	Community females	12	----	12	Kuri, Islamabad
1	3 day self-growth and capacity building training for community committee members	Community males	10	10	----	Kuri, Islamabad
Total: 34			229	109	120	

Zeest						
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants			Location
			Total	Male	Female	
1	3-Day Training on Basic Sensitization, Case Management and Counseling Skills	Staff of VAWC	28	9	19	
1	3-Day Training on Improving case management Skills to deal with GBV Survivors	Service providers including lawyers, NGO & shelter staff, case managers	15	8	7	Peshawar
1	3-Day Training on Sensitization and communication skills with Police Officials	Police Officer	17	7	10	Multan
1	2- Day Refresher Training (VAWC-Multan)	VAWC staff including psychologists, case managers, mediators and lawyers	16	3	13	Multan
1	Sangat	Young Women Rights activists, NGO field staff, lawyers & psychologists	25	-----	25	Islamabad
1	2-day Training on "Burnout and Compassion Fatigue" with staff of VAWC-Multan 20th-21st July, 2018	VAWC psychologists and case managers	10	-----	10	Islamabad
1	2-day Training on "Gender Awareness and Sensitization Training" with MSF staff, Date:28-29th Aug	MSF Staff	14	7	7	Islamabad
1	1- day Orientation on "Ethical Guidelines for the dignity and protection of rights of Survivors of violence" with service providers from Swabi 27th September, 2018	Service providers and local government representatives	22	17	5	Swabi, KP
1	1- day Orientation on "Ethical Guidelines for the dignity and protection of rights of Survivors of violence" with service providers	Service providers and local government representatives	25	10	15	Hyderabad, Sindh

	from Hyderabad 26th September, 2018					
1	1- day Orientation on “Ethical Guidelines for the dignity and protection of rights of Survivors of violence” , 10th October, 2018	Service providers and local government representatives	24	10	14	Mardan/KP
1	1- day Orientation on “Ethical Guidelines for the dignity and protection of rights of Survivors of violence” , 11th October, 2018	Service providers and local government representatives	13	9	4	Nowshehra, KP
1	1- day Orientation on “Ethical Guidelines for the dignity and protection of rights of Survivors of violence” , 24th October, 2018	Service providers and local government representatives	28	15	13	Jamshoro, Sindh
1	1- day Orientation on “Ethical Guidelines for the dignity and protection of rights of Survivors of violence”	Service providers and local government representatives	17	12	5	Mitiari, Sindh
Total: 13			254	107	147	

Humqadam						
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants			Location
			Total	Male	Female	
3	5 Day Training on Understanding Masculinity and role of men & boys to prevent violence againstwomen	Staff of Partner organizations & Community members	109	70	39	Mir Pur Khas, Nagar Parker, Thar Parker
3	3 Day Refresher Training on Understanding Masculinity and role of men & boys to prevent violence againstwomen	Staff of Partner organizations & Community members	88	65	23	Mir Pur Khas, Nagar Parker, TharParker
1	Two weeks Learning Fellowship on Men Masculinities and Transformation	Participants from the fields of Media, Academia , Civil Society Organizations, Psychology and Law	14	8	6	Islamabad

14	Capacity building of young men and boys in Kuri Community and Vision Pakistan Trust	Boys and young men from Kuri community	40	40	-	Kuri Community - Islamabad
14		Boys and young men from VPT	40	40	-	VPT - Islamabad
1	5-days training workshop on "Men, Masculinities and Gender Justice".	Community members from Districts from Mirpur Khas Sindh and CSSP staff	21	12	9	Tando Muhammad Khan, Hyderabad - Sindh
1	3-days refresher training on "Men, Masculinities and Gender Justice".	Community members from Districts from Mirpur Khas Sindh and CSSP staff	22	13	9	Mirpur Kas - Sindh
1	Gender, Masculinities and Campaign Designing Training	Youth from Rawalpindi and Islamabad	23	1	22	Islamabad
Total: 38			357	249	108	

Rabta						
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants			Location
			Total	Male	Female	
2	2Day Training on Basics of Participatory Action Research for PFDP Members KP	Forum Members	48	40	8	Peshawar
2	3 Day Training on Laws related to Security and Justice System	Forum Members	58	48	10	Peshawar
1	2 Day Training on Advocacy for Members of PFDP KP Chapter	Forum Members	16	11	5	Peshawar
3	3 Day Training on Interviewing Women and Children: Victim of Violence	Investigation Officers	69	65	4	Islamabad, Sukkur, Swat
1	6 Day Training of Trainers on Attitudinal Change Module for Police Instructors	Police Instructors	34	32	2	Sindh
3	3 Day Training on Rights and Pro women Laws for Police Staff	Police inspectors	67	59	8	Islamabad, Sukkur, Swat
1	3 Day Training on Gender Sensitization and Attitudinal Change for Legal Inspector/Investigation	Legal Inspectors	27	24	3	Islamabad

3	2 Day Training on Rights and Pro Women Laws	Community Influential & Legal Aid Providers	79	56	23	Islamabad, Sukkur, Swat
1	2 Day Training on Rights and Pro Women Laws	Prosecutors	20	10	10	Peshawar
1	Social Action Plans' training of the PFDP Sindh chapter	Forum members	39	31	8	Sindh
1	Training refresher on the Advocacy skills and Pro-Women and Police laws	The PFDP KP chapter members	86	71	15	KP
1	2 day Training on "Human Rights & Pro Women Laws"	Community leaders and legal aid providers	27	19	8	Sindh
1	3-days refresher training on "Gender sensitization and attitudinal change communication"	Same as above	28	15	13	Swat, KP
1	3-days refresher training on "Gender sensitization and attitudinal change communication"	Same as above	33	17	16	Sukkur, Sindh
1	2 Day Training on "Human Rights & Pro Women Laws"	Same as above	33	25	8	Swat, KP
1	3-days refresher training on "Gender sensitization and attitudinal change communication"	Same as above	17	10	7	Islamabad
1	3-day Training on "Human Rights & Pro Women Laws"	Selected police stations staff	26	24	2	Swat, KP
1	6-day training on gender sensitization, attitudinal change communication, pro women laws for selected PS staff	Law Instructors of Police Training School, Islamabad	22	19	3	Islamabad
3	Three 2-days training of the PLCs on gender sensitization and attitudinal change communication	PLCs members Matta Madyan & Bahrain	84	79	5	Swat, KP
3	Three 1-days training of the PLCs on CP and KP Police Act 2017	Same as above	92	87	5	Swat, KP
3	Three 2-days training of the selected police	Police station staff of Matta	65	63	2	Swat, KP

	station staff on reporting, GBV related laws, women rights and police procedures	Madyan & Bahrain				
1	One 3-days training of the women and men police officials on Dealing with the Cases of Suicides by Women and Gender Sensitization	Investigation officers and station House Officers of Swat	32	21	11	Swat, KP
1	2 days training on "Human Rights & Pro Women Laws"	Prosecutors of KP	20	10	10	KP
Total: 37			1022	836	186	

RCHL						
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants			Location
			Total	Male	Female	
1	2 Day Training on Gender Sensitization & Counseling Skills	Staff of The Asia Foundation	8	5	3	Islamabad
Total: 1			8	5	3	

Awareness Raising Sessions Conducted by Rozan during 2017-18

Aangan							
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants				Location
			Total	Male	Female	Transgender	
1	Child Abuse Prevention Day Mela	Community members	375	160	215	0	Kuri, Islamabad
26	Campaign on Child Protection in Schools	Teachers & Students	1464	774	690	0	Islamabad
1	Radio Campaign on Child Protection/ Child Sexual Abuse run 2.5 months	General Public	-	-	-	-	Kasur, Lahore, Islamabad and Rawalpindi
6	Radio Programs on Child Protection and child sexual abuse	General Public	-	-	-	-	Islamabad, Rawalpindi, Lahore
3	Aangan Media representation on TV channels & Radio Program	General Public	-	-	-	-	Across Country
3	Aangan Material Utilized by TV Channels (Tinku Tina Animation)	General Public	-	-	-	-	Across Country
1	Child Abuse Prevention Day Mela	Community women, men and children	375	160	215	0	Kuri, Islamabad
1	Campaign on Child Protection in 26 Schools	Students & Teachers	1464	774	690	0	Islamabad
1	Girls child day Theater	Women from Community	300	-----	300		Kuri, Islamabad
1	Women day	Women from Community	366	78 Boys	176 women 112 Girls		Kuri, Islamabad
11	Orientation on CSA	Women from Community	180	-----	180		Kuri, Islamabad

5	Orientation on emotional health	Women from Community	105	-----	105		Kuri, Islamabad
11	Orientations on domestic violence	Women from Community	178	-----	178		Kuri, Islamabad
Total: 71			4807	1946	2861		



Zeest							
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants				Location
			Total	Male	Female	Transgender	
1	National seminar on Addressing Women empowerment & protection through effective and strategic interventions	Govt Officials, representatives from embassies, civil society members, shelter management staff and other service providers	112	42	70	--	Islamabad
1	Facilitation Forum	Rozan Staff	10	2	8	--	Rozan Ghar, Islamabad
Total: 2			122	44	78		

Humqadam							
# of Workshops	Title and Duration of the workshop	Participants Profile	# of Participants				Location
			Total	Male	Female	Transgender	
67	Awareness Raising sessions on Masculinity in Communities	Community Members	807	414	393	0	Nagar Parker
8	Awareness Raising sessions on Masculinity in Communities	Community Members	144	100	44	0	Mir Pur Khas
4	Development of Illustrative Module	Community members and staff of partner organizations	-	-	-	-	-
4	Provincial Seminar on IMAGES Research	Ministry of Human Rights, Population Council &	146	88	58	0	Punjab, Sindh, Baluchistan and KP

		Members of Civil Society					
1	Awareness raising sessions on masculinities and GBV	Youth from Fatima Jinnah Women University, Rawalpindi	45		45	--	Rawalpindi
1	Awareness raising sessions on masculinities and GBV	Iqra University, Islamabad	43	20	23	--	Islamabad
Total: 85			1185	622	563	--	

Rabta							
# of Activities	Title and Duration of the workshop	Participants Profile	# of Participants				Location
			Total	Male	Female	Transgender	
6	Orientation Sessions on Community Policing with 4 Schools	Students & Teachers	519	305	214	0	Swat
1	Cricket Match between Community & Police	Community Members & Police	775	550	225	0	Swat
1	Khuli Kachehri	Community Members and Police	143	141	2	0	Swat
1	3 Quarterly Meeting of PFDP KP Chapter	Forum Members	38	29	9	0	Peshawar
2	CRM Meetings with PFDP KP Chapter	Forum Members	16	14	2	0	Peshawar
1	5 Quarterly Meeting of PFDP Sindh Chapter	Forum Members	207	158	46	3	Karachi
1	Consultative Seminar of PFDP Sindh Chapter	Forum Members	88	60	28	0	Karachi
1	Exposure visit of Sindh Chapter to KP	Forum Members	8	6	2	0	Peshawar
1	7 Quarterly Meeting of PFDP National Chapter	Forum Members	94	73	21	0	Islamabad

1	Advocacy Campaign by PFDP Sindh Chapter	Forum Members	Total Out Reach: 9191 Indirect out Reach: 472,000	-	-	-	Sindh
12	Khuli Kachehris	Community Members & Police	644	482	162	0	Islamabad, Sukkur and Swat
1	Cricket match between police and community for spreading anti GBV messages	Community members, Police, teachers	250	240	10	--	Swat, KP
3	open forums	Community members & Police	270	259	11	--	Swat, KP
9	sessions on GBV with community women	Community women	241	--	241	--	Swat, KP
4	sessions on GBV with community women	Community women	117	--	117	--	Sukkur, Sindh
3	street theatres on community policing and GBV	Community men & women, PLC members & local government representatives	225	182	43	--	Swat, KP
1	Seminar on the Safety Needs of Women and Children: Improving Responsiveness of Justice Sector and Civil Society	Civil Society members, Service providers, Government Officials, Police, Lawyers & Media persons	179	144	35	--	KP
1	Seminar on the Role of Civil Society in Bridging the Gap between Community	Civil Society members, Government Officials, Police	200	160	40	--	KP

	and the Police in Peshawar						
1	Seminar on the Role of Civil Society in Bridging the Gap between Community and the Police in Swat	Civil Society members, Government Officials, Police	388	313	75	--	KP
1	Letters to District Police Officers by the PFDP KP chapter members	NA	NA	NA	NA		KP
1	Meeting with the District Officer Swat	NA	5	5	0		KP
1	Meeting with the District Nazim, Peshawar	Rozan Staff	2	2	0		KP
1	An exposure visit of the transgender members to a local police station organized by a member of the PFDP KP chapter	Transgender members and community members	7	2	1	4	KP
1	Khuli Katchehri at a local police station of Peshawar organized by forum member Blue Veins	Community Members	NA	-	-	-	KP
 Radio Message-1.mpeg	Radio message developed and disseminated by Aurat Foundation through the PFDP National chapter	NA	NA	-	-	-	Islamabad
 Radio Message-2.mpeg	Radio message developed and disseminated by NARI Foundation in Sindhi language on GBV	NA	NA	-	-	-	Sindh

	preventions through democratic policing						
1	Awareness session on pro women laws by HUIRA in Swat	Community members	106	56	50	-	KP
1	Seminar on preventing GBV through democratic policing in Mansehra by Khwendo Kor	Community members, Police & governmental officials	67	44	23	-	KP
1	Seminar on Police, Politics and Women by Cholistan Development Council (CDC) in Bhawalpur	Community members, Police, Government officials & government representatives	80	55	15	-	Punjab
1	A radio talk show named "Society, Women and Police" by Cholistan Development Council (CDC) in Bhawalpur	NA	31	17	17	-	Punjab
1	Meeting with MPA Adeel Ahmed by Rural Development Foundation (RDF)	Forum Members	5	5		-	Sindh
1	Community Session on GBV and police reforms by Sindh Development Society, Hyderabad, Sindh	Community members	30	25	5	-	Sindh
1	Seminar and Rally on GBV and police reforms by Sindh Development Society,	Community, Police, government Officials and government representative	35	30	5	-	Sindh

	Hyderabad, Sindh						
1	Press conference on democratic and gender sensitive policing by Rural Development Foundation (RDF) in District Press Club, Jamshoro	Police, Civil society members, local government representatives, media	15	15	0	-	Sindh
1	Seminar and theatre performance on gender sensitive policing by Rural Development Foundation (RDF) in District Press Club, Jamshoro	Community, Police, government officials, Civil society members	100	60	40	-	Sindh
1	Seminar on Role of police in preventing GBV and promotion of rights of disables organized by National Disability and Development (NDF)	Civil society members, community members, government officials and politicians	30	15	15	-	Sindh
1	Meeting of NARI Foundation with Media i.e. bureau chiefs and reporters of the local and national electronic and print media	Civil Society members & media persons	15	10	5	-	Sindh
1	Meeting of NARI Foundation with Ms. Shabana, in-charge of Human Rights	Civil society members	8	2	6	-	Sindh

	Cell at SSP office, Sukkur						
1	Meeting of NARI Foundation with Ms. Rukhsana Mangi, in-charge of Women Protection Cell (WPC) at DIG office Sukkur	Civil society members	7	3	4	-	Sindh
2	Open Forums/Khuli Kachehri with females	Community women & Police	122	13	109	-	Swat, KP
1	Walk to promote Community Policing (CP)	Community, civil society members	80	80		-	Swat, KP
1	Sessions in schools and colleges on healthy community-police interaction in collaboration with the police	Teachers & Students	562	268	294	-	Swat, KP
1	Sports events jointly by the police and community	Community members & police	445	237	208	-	Swat, KP
1	Seminar on community policing	Civil society members, Police and community members	144	133	11	-	Swat, KP
1	Seminar on community policing	Civil society members, Police and community members	225	182	43	-	Swat, KP
1	Police stations visits by the communities	Community members	201	190	11	-	Swat, KP
1	Exposure visit of the PLCs' members of Swat to 'Violence against Women Centre' (VAWC) in Multan	PLC members	21	12	9	-	Multan, Punjab

1	Session on Self Defense	Community women	70	-	70	-	Islamabad
5	Sessions on GBV	Community women	150	-	150	-	Swat, KP
1	Marking National & International Women Day	Senior police officers, media, civil society, donors	800	-	-	-	Islamabad
1	Awareness Raising in Islamabad on 8 th March 2018 through banners display	NA	1000 banners	--	--	--	Islamabad
1	Walk with Civil Society Organization to raise awareness on women issues	Civil society members, activists & community	60	40	20	--	Sukkur, Sindh
1	Exposure visit of community members to 'Violence against Women Centre' (VAWC) in Multan	Community members	46	22	24	--	Multan, Punjab
1	Experience sharing meeting	Community members & legal Aid Providers	39	25	14	--	KP, Swat
1	Experience sharing meeting	Community members & legal Aid Providers	25	10	15	--	Islamabad
1	Experience sharing meeting	Community members & legal Aid Providers & Police	40	29	11	--	Sukkur, Sindh
1	District Seminars on Gender Responsive Service Delivery	Community members and civil society members	74	52	22	--	Swat, KP
Total: 92			17240	4755	2480	4	

Rozan Training for staff, interns and volunteers during year 2017-18

Aangan					
# Workshops	Title of the training	Name of Trainee	Organizer	# Participants	Location
3	Child safeguarding policy	Staff and partner of oxfam	Oxfam	Total:96 Male:50 Female:44	Islamabad
1	Child sexual abuse and child protection	Staff of Ecole des luminers	Ecole des luminers	Total: 20 Male: 1 Female: 19	Ecole des luminers School, Islamabad
Total: 4				Total: 116 Male:51 Female: 63	

Zeest					
# Workshops	Title of the training	Trainee	Organizer	# Participants	Location
1	Intern Training 5-day Sensitization Training on Gender, Media and RH	Interns & new staff	Rozan	Total:8 Male: 2 Female: 6	Islamabad
1	Facilitation Forum	Rozan Staff	Rozan	Total: 10 Male: 2 Female:8	Rozan Ghar, Islamabad
Total: 2				Total: 18 Male: 4 Female:14	

Rabta					
# Workshops	Title of the training	Name of Trainee	Organizer	# Participants	Location
1	Self-growth	Rozan Staff and Interns	Rozan	Total:8 Male: 2 Female: 6	Rozan Ghar, Islamabad
1	Gender Sensitization	Rozan Staff & Interns	Rozan	Total:8 Male: 2 Female: 6	Rozan Ghar, Islamabad
Total: 2				Total:8 Male:2 Female:6	

Network/Forum Meetings Conducted by Rozan during the Year 2017-18

Location	Title and duration of the WS	# of WS	Participants profile	Participants			
				Male	Female	Trans	Total
Islamabad	Project start-up workshop with VSO	1	Employees of Rozan and VSO	8	4	--	13
Islamabad	Phase-ii's 1 st meeting of the PFDP National Chapter	1	Forum members	17	8	--	25
Sindh	Phase-ii's 1 st meeting of the PFDP Sindh Chapter	1	Forum members	28	5	--	33
Sindh	Phase-ii's 2 nd meeting of the PFDP Sindh Chapter	1	Forum members	27	6	--	33
Islamabad	Consultative Meeting with the Grantees of AmplifyChange	1	Grantees of AmplifyChange	11	10	--	21
Islamabad	Phase-ii's 2 nd meeting of the PFDP National Chapter	1	Forum members	21	15	--	36
Sindh	Consultative meeting on gender sensitive policing of the PFDP Sindh chapter	1	Forum members and guests	21	4	1	26
KP	4 th meeting of the PFDP KP chapter	1	Forum members and guests	144	35	--	179
KP	5 th meeting of the PFDP KP chapter	1	Forum members and guests	9	4	--	13
KP	6 th meeting of the PFDP KP chapter	1	Forum members and guests	16	3	--	19
KP	7 th meeting of the PFDP KP chapter	1	Forum members and guests	33	8	--	41
KP	25 Mentoring Meetings	25	The PFDP KP chapter members	NA	NA	--	25
KP	04 Meetings with the Child Rights Movement and Provincial Governance and Support Group-KP	4	Network and group members	42	21	--	63
KP	11 meetings with the members of Provincial Assembly Khyber Pakhtunkhwa	11	MPAs and KP chapter members	NA	NA	NA	59
Swat, KP	Quarterly meetings of the PLCs	10	PLC members	197	25	--	222
Swat, KP	Meetings with CSOs, the police, community and other concerned stakeholders for the establishment of PLCs	6	Police, CSOs staff, community members & PLC members	61	29	--	90
Total:		67		635	177	1	898

Rozan's counseling during 2017-18

Telephone Counseling

No. of calls	New	Regular	Female	Male	Transgender
1213	168	744	116	696	0

Email counseling

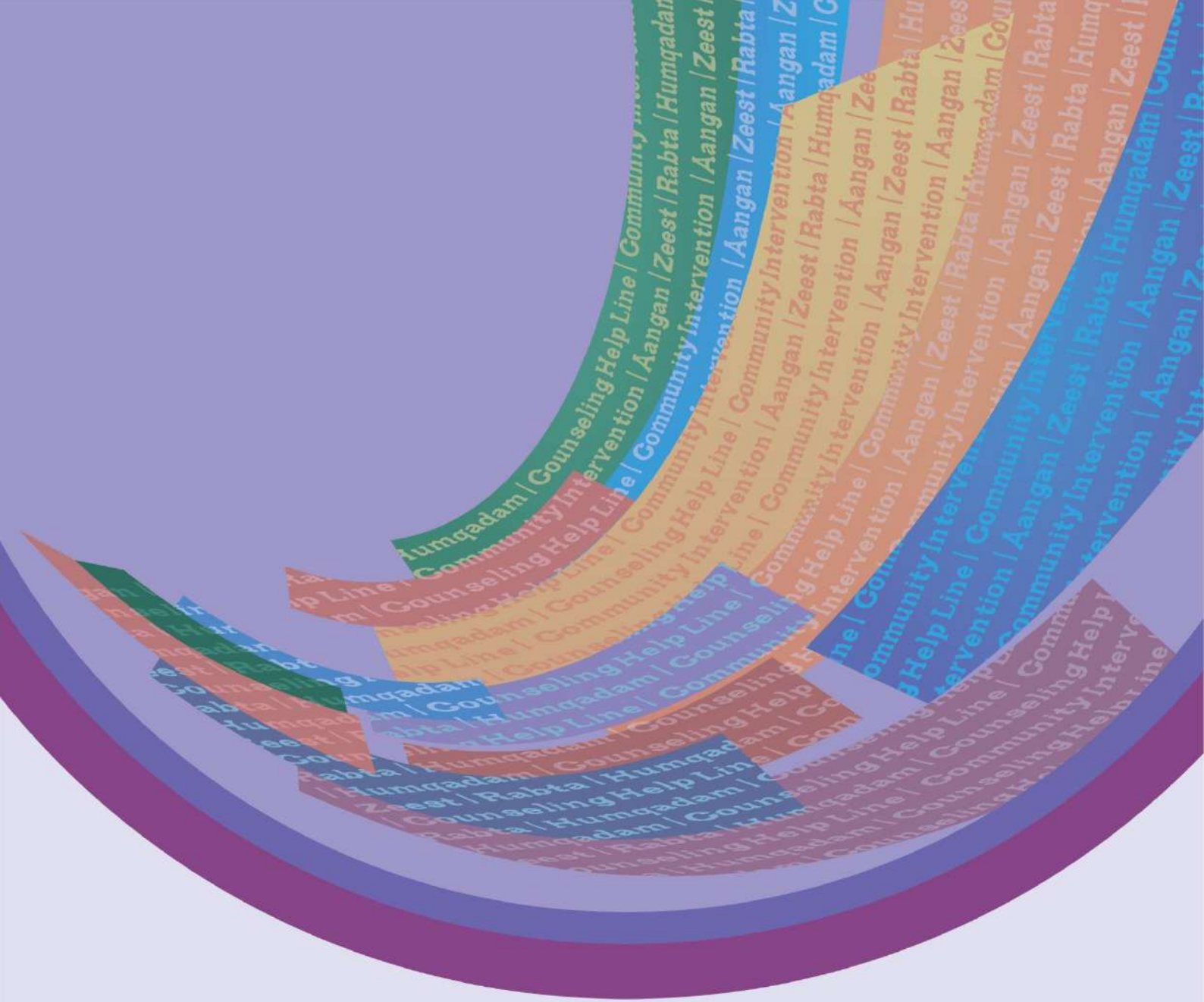
No. of emails	New	Regular	Female	Male
108	65	33	30	36

In person counseling

No. of sessions	New	Regular	Female	Male	Child
23	12	11	8	3	3

Counseling Camps in Community

No. of sessions	New	Regular	Female	Children
29	17	12	24	16



Rozan Office, Adjacent to Bahria Enclave, Pind Bhagwal Road, Islamabad

Phone: +92-51-2721900-2

Fax: +92-51-2721907

www.rozan.org, www.facebook.com/rozan.org

P.O Box 2237, Islamabad